

Course unit title:	Clinical Practice I		
Course unit code:	NUR 113		
Type of course unit:	Compulsory		
Level of course unit:	Bachelor		
Year of study:	1		
Semester when the unit is delivered:	2 (Summer)		
Number of ECTS credits allocated :	2		
Name of lecturer(s):	Dr Despina Sapountzi-Krepia		
Learning outcomes of the course unit:	<ol style="list-style-type: none"> 1. Apply knowledge related to providing basic nursing care to patients or healthy clients in the health services system, to planning preoperative and postoperative nursing care, to addressing health problems of patients 2. Acknowledge the necessity of communication with the health care team and with the supportive environment of the patient to provide basic nursing care 3. Recognize that patient entry in health services system creates stress and apply skills to adapt and the basic principles of nutrition, hydration, medication, administration of oxygen. 4. Assess the state of the patient given the physical, psychological, social, spiritual and environmental factors. 5. Recognize the role of the nurse in the diagnosis, treatment and rehabilitation. 6. Discuss knowledge and ability to apply techniques or skills to meet the needs of comfort, rest, sleep, hygiene, safety, preservation of integrity skin and 7. Demonstrate ability to design nursing care for meeting patients needs, according to Maslow's Theory 		
Mode of delivery:	Face-to-face		
Prerequisites:	None	Co-requisites:	None
Recommended optional program components:	None		
Course contents:	<p><u>Clinical Practice I</u> During Clinical Practice I, students practice in nursing procedures and techniques learned in the courses Introduction to Nursing and Basic Nursing I, such as:</p> <ul style="list-style-type: none"> Applying techniques for assessing health Taking nursing history Taking vital signs Hand Hygiene Preparation of material for sterilization Use sterile equipment Technical use of sterile gloves Positions of patient in bed Hygiene of bedridden patient Medication Preparation and participation in diagnostic tests Prevention and care of pressure ulcers Assessment and care planning for patients with common health problems Preoperative patient preparation Postoperative care of patient Wound care 		

	Giving oxygen Feeding a patient
Recommended and/or required reading:	None
Textbooks:	<ul style="list-style-type: none"> Kelesi, M., Fasoï, G., Papageorgiou, D. (2016). Introduction in the Science of Nursing– Conceptual and Philosophical Framework. Athens: Konstantaras.
References:	<ul style="list-style-type: none"> Θεοχάρης Κωνσταντινίδης, Θάλεια Μπελλάλη, Παύλος Σαράφης, Ελένη Δοκουσιδου, Ευγενία Βλάχου, Σοφία Ζυγά, Ελένη Κυρίτση, Μαρία Λαβδανίτη, Νικολέττα Μάργαρη, Βασικές, ανώτερες και εξειδικευμένες νοσηλευτικές δεξιότητες, επιμέλεια: Γεώργιος Μπαλτόπουλος, Βήτα Ιατρικές Εκδόσεις, 2013 Taylor, C., Lillis, C., LeMone, P. (2014). Fundamental values in Nursing. Athens: Paschalidis.
Planned learning activities and teaching methods:	In clinical practice, demonstrations and supervised (by clinical instructors) nursing interventions applications are used.
Assessment methods and criteria:	Continuous Assessment 100%
Language of instruction:	Greek
Work placement(s):	Yes