

Course unit title:	Psychiatry		
Course unit code:	NUR309		
Type of course unit:	Compulsory		
Level of course unit:	Bachelor (1 st Cycle)		
Year of study:	3		
Semester when the unit is delivered:	6 (Spring)		
Number of ECTS credits allocated :	4		
Name of lecturer(s):	Dr. Panagiota Stylianou		
Mode of delivery:	Face-to-face		
Prerequisites:	None	Co-requisites:	None
Recommended optional program components:	None		
Learning outcomes of the course unit:	<ol style="list-style-type: none"> 1. Describe, address and deal with mental health problems 2. Describe the interpersonal skills required to achieve effective cooperation and communication with the support team 3. Describe the necessary techniques required in order to work in a multidisciplinary team responding to the needs of patients, to participate in individualized programs of care, working in collaboration with the patient, their care givers and their families 4. State the assistance needed for a patient to maintain his dignity and to act with confidentiality 5. List the appropriate counseling skills 6. Identify the emotional support, the specific counseling and the interventions needed for a patient 		
Course contents:	<ul style="list-style-type: none"> • Introduction to the science of Psychiatry: The milestones in the history of Psychiatry. Definitions and principles of psychiatry. Elements and techniques of therapeutic communication. Basic principles of making clinical interview • Anxiety disorders: The nature and the types of anxiety disorders. Symptoms, differential diagnosis and treatment • Psychotic disorders: Clinical description of schizophrenic psychosis. Epidemiology, pathogenesis and types. Therapeutic approaches, psychotropic drugs and side effects. Psychosocial intervention, psychotherapy • Affective disorders: Characteristics of bipolar disorder and depression. Therapeutic interventions. Types of depression • Organic brain syndrome and psychoses: Causes and symptoms. Organic brain syndrome from toxic substances abuse • Personality disorders: Types, characteristics and therapeutic approaches. Community Psychiatry-Units of outpatient care: Community psychiatric services. The Center for Mental Health. Social support systems. Mentally ill patients rehabilitation 		
Textbooks:	<ul style="list-style-type: none"> • Κλινική ψυχιατρική, Μαδιανός Μιχάλης, Διαθέτης (Εκδότης): Αθανασιος Α. Καστανιωτης ΑΕΒΕΔΕ • Stern, T., Freudenreich, O., Smith, F., Fricchione, G., Rosenbaum, G. (2017). <i>Massachusetts General Hospital Handbook of General Hospital</i> 		

	<i>Psychiatry</i> . Elsevier.
References:	<ul style="list-style-type: none"> • Owen et al (2007) The genetic deconstruction of psychosis. <i>Schizophrenia Bulletin</i> 33(4):905-11. • Harrison and Weinberger (2005) Schizophrenia genes, gene expression, and neuropathology: on the matter of their convergence. <i>Molecular Psychiatry</i> 10:40-68. • Kirov, O'Donovan, and Owen (2005) Finding schizophrenia genes. <i>Journal of Clinical Investigation</i> 113(6):1440-1448. • Christodoulou, G (2000). <i>Psychiatry</i>. Athens: Beta Medical Publications.
Planned learning activities and teaching methods:	The course is delivered to the students by means of lectures, conducted with the help of computer-based presentations. Lecture notes and presentations are available through the web for students to use in combination with the textbooks.
Assessment methods and criteria:	<ul style="list-style-type: none"> • Participation: 10% • Tests: 40% • Final Exam 50%
Language of instruction:	Greek
Work placement(s):	No