

**SCHOOL OF EDUCATIONAL SCIENCES AND SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY AND SOCIAL WORK**

(CIP file- Classification of instructional programmes)

Course unit title:	Psychology of Ageing		
Course unit code:	EPSY 301		
Type of course unit:	BSc Psychology (Required Course)		
Level of course unit:	Undergraduate		
Year of study:	4		
Semester when the unit is delivered:	8th		
Number of ECTS credits allocated :	6		
Name of lecturer(s):			
Learning outcomes of the course unit:	<ol style="list-style-type: none"> <li>1. Explain the basic theories and fundamentals of the psychology of aging.</li> <li>2. Conceptualize later life as part of a developmental process.</li> <li>3. Challenge personal stereotypes of aging while gaining an understanding of normal and abnormal processes in multiple realms (e.g. physical, cognitive, social) during later life.</li> <li>4. Discuss the potential influence of public policy, law, and politics on older adults' quality of life.</li> <li>5. Understand ethical issues as they relate to aging.</li> </ol>		
Mode of delivery:	Face-to-face		
Prerequisites:	None	Co-requisites:	None
Course contents:	Introduction to Psychology of Ageing, Definitions, Epidemiological facts about ageing in Cyprus, Greece , and Europe, Physical and Psychological Changes, Cognitive changes, Personality and adjustment; Social Roles Throughout the Lifespan: Family, Marriage, Friendship, & Car egiving; Successful Aging; Death, Dying, and Bereavement.		
Recommended and/or required			

reading:	
Textbooks:	<ul style="list-style-type: none"> <li>• Κωσταρίδου-Ευκλείδη, Α. (Επιμ.) (2011) Θέματα Γηροψυχολογίας και Γεροντολογίας. Αθήνα: Πεδίο.</li> <li>• Αβεντισιάν-Παγοροπούλου, Α. (2000). Ψυχολογία της Τρίτης Ηλικίας. Αθήνα: Ιδιωτική έκδοση.</li> <li>• Slater, R. (2003). Γηρατεία: Θλιμμένος Χειμώνας ή Δεύτερη Άνοιξη; Αθήνα: Ελληνικά Γράμματα.</li> <li>• Χατζηαντωνίου, Γ. (2005) Ψυχοπαθολογία της τρίτης ηλικίας. Θεσσαλονίκη: University studio press.</li> </ul>
References:	<ul style="list-style-type: none"> <li>• Cavanaugh, J., &amp; Blanchard-Fields, F. (2006) Adult Development and Aging. (4th ed.). United States: Wadsworth.</li> <li>• Foos, P., W., &amp; Clark, M., C., (2008). Human Aging. New Jersey: Prentice Hall.</li> </ul>
Planned learning activities and teaching methods:	<p>The main teaching methods are the following:</p> <ul style="list-style-type: none"> <li>• Lectures-Analysis of theoretical material</li> <li>• Discussion groups</li> <li>• Use of visual-auditory material</li> </ul>
Assessment methods and criteria:	<ul style="list-style-type: none"> <li>• Midterm Exam 20%</li> <li>• Midterm Paper 30%</li> <li>• Final Exam 50%</li> </ul>
Language of instruction:	Greek
Work placement(s):	None