

Course unit title:	Clinical Teaching I (Basic Nursing Care I)		
Course unit code:	NUR 114		
Type of course unit:	Compulsory		
Level of course unit:	Bachelor		
Year of study:	1		
Semester when the unit is delivered:	2 (Spring)		
Number of ECTS credits allocated :	1		
Name of lecturer(s):	Dr Despina Sapountzi-Krepia Ioannis Dimitrakopoulos		
Learning outcomes of the course unit:	<ol style="list-style-type: none"> 1. Apply knowledge related to providing basic nursing care to patients or healthy clients in the health services system, to planning preoperative and postoperative nursing care, to addressing health problems of patients 2. Acknowledge the necessity of communication with the health care team and with the supportive environment of the patient to provide basic nursing care 3. Recognize that patient entry in health services system creates stress and apply skills to adapt and the basic principles of nutrition, hydration, medication, administration of oxygen. 4. Assess the state of the patient given the physical, psychological, social, spiritual and environmental factors. 5. Recognize the role of the nurse in the diagnosis, treatment and rehabilitation. 6. Discuss knowledge and ability to apply techniques or skills to meet the needs of comfort, rest, sleep, hygiene, safety, preservation of integrity skin and 7. Demonstrate ability to design nursing care for meeting patients needs, according to Maslow's Theory 		
Mode of delivery:	Face-to-face		
Prerequisites:	NUR106	Co-requisites:	None
Recommended optional program components:	None		
Course contents:	<p>During this course, students practice in nursing procedures and techniques learned in the courses Introduction to Nursing and Basic Nursing I, such as:</p> <ul style="list-style-type: none"> • Introducing and familiarizing students in the environment of the hospital and nursing unit / ward. • Assessment, planning and administration of nursing care to patients with common health problems. • Taking nursing history and patient assessment (health needs, vital signs, nutrition etc). • Preparation and participation in diagnostic tests (endoscopy, x-ray etc). • Proper use and disposal of sterile equipment / materials. • Positions of patient in bed and prevention of falls and mobilization of patient. • Patient hygiene. Prevention and care of pressure ulcers. • Medication and oxygen administration • Preoperative and Postoperative Nursing Care of Patients • Surgical trauma wound care. • Feeding a patient. • Patient discharge process from the hospital. • Providing patient and family with counselling for the continuation of care after discharge. • Nursing Care Documentation. 		
Recommended and/or required reading:	None		

Textbooks:	<ul style="list-style-type: none"> Kelesi, M., Fasoi, G., Papageorgiou, D. (2016). Introduction in the Science of Nursing– Conceptual and Philosophical Framework. Athens: Konstantaras
References:	<ul style="list-style-type: none"> Θεοχάρης Κωνσταντινίδης, Θάλεια Μπελλάλη, Παύλος Σαράφης, Ελένη Δοκουσιδου, Ευγενία Βλάχου, Σοφία Ζυγά, Ελένη Κυρίση, Μαρία Λαβδανίτη, Νικολέττα Μάργαρη, Βασικές, ανώτερες και εξειδικευμένες νοσηλευτικές δεξιότητες, επιμέλεια: Γεώργιος Μπαλτόπουλος, Βήτα Ιατρικές Εκδόσεις, 2013 Taylor, C., Lillis, C., LeMone, P. (2014). Fundamental values in Nursing. Athens: Paschalidis.
Planned learning activities and teaching methods:	In clinical practice, demonstrations and supervised (by clinical instructors) nursing interventions applications are used.
Assessment methods and criteria:	<p>Continuous Assessment 100%</p> <p><i>(Presence is compulsory for all students, absences of up to 15% are replenished, and beyond this percentage the student fails the entire course. Students must succeed a continuous assessment of at least 50%, otherwise the student fails the entire course.)</i></p>
Language of instruction:	Greek
Work placement(s):	Yes