Course unit title:	Basic Nursing Care II
Course unit code:	NUR201
Type of course unit:	Compulsory
Level of course unit:	Bachelor
Year of study:	2
Semester when the unit is delivered:	3 (Fall)
Number of ECTS credits allocated :	6
Name of lecturer(s):	Dr. Despina Sapountzi-Krepia, Dr. Evanthia Asimakopoulou
Learning outcomes of the course unit:	1. Assess nursing care needs of patients regarding the promotion of the function of the: urinary, digestive and musculoskeletal system 2. Provide adequate nursing care for promoting the function of the urinary, digestive and musculoskeletal system 3. Recognize the importance of vitamins and trace elements in human nutrition, the side effects - synergies of medicines, mechanisms of gait and walking, human beings' communication and stress management. 4. Report basic principles of: nutrition and hydration of human beings, intestinal and parenteral feeding, specimens' collection techniques for various laboratory tests 5. Illustrate the right skills for the placement of a nasogastric tube, enemas applying, for bladder catheterization, for the enrichment of intravenous administered fluids 6. Discuss definitions, concepts, philosophical context of care and ways to address health problems of patients 7. Recognize the importance of: Transcultural Nursing Care, spirituality, religiosity and the important elements in providing holistic nursing care. 8. Employ the appropriate skills for assisting individuals and families in managing the disease, dealing with death - loss and the bereavement process
Mode of delivery:	Lectures, group work, demonstrations, supervision and face to face interactions
Prerequisites:	NUR110	Co-requisites:	None
Recommended optional program components:	None
Course contents:	• **Introduction to nursing,** definitions, concepts, philosophical framework, facing patients' health care problems. • **Holistic care of the patient.** Transcultural Nursing. Nursing care provision for covering spiritual and religious needs for care of the patients. Loss, grieving and bereavement. Communication, stress- illness and adaptation, post traumatic stress disorders, stress management. • **Improvement of the urinary tract function**, urinary bladder catheterization, techniques of urine specimen collection. • **Diet and Hydration,** promotion of the gastrointestinal tract function, bowel elimination • **Improvement of the function** of the myoskeletal system. Mobility and immobility. Mechanisms of walking and moving. Body placement in specific

	positions.
	• **Medication,** basic rules and principles of patients' intravenous medication. Dosage, side effects - synergies of medicines. Conformity of patients in suggested medication. Nursing responsibility for the correct patients' medication.
Recommended and/or required reading:	None
Textbooks:	P. Lemone, K. Burke, **Medical-surgical nursing: critical thinking in client care** (5rd ed.) (Greek Translation) Athens: Lagos Medical Editions, 2014
References:	1. Fundamentals of Nursing: The Art & Science of Nursing Care, C Taylor, C Lillis, P LeMone. (in Modern Greek) Medical Publications Paschalides Athens 2007 2. Chronic Illness and Nursing Care. A Holistic Approach (in Modern Greek), D Sapountzi-Krepia. Hellin Publications Athens 2004 3. Stress Management (in Modern Greek), D Sapountzi-Krepia. Hellin Publications Athens 2006
Planned learning activities and teaching methods:	The course is delivered to the students by means of lectures, conducted with the help of computer-based presentations and group work. Lecture notes and presentations are made available for students to use in combination with the recommended textbooks. In Laboratories, exercises are performed by the students under the guidance and supervision of laboratory instructors. In clinical teaching, demonstrations and supervised (by clinical instructors) nursing interventions applications are used.
Assessment methods and criteria:	Test 40% Laboratory Work 10% Final Exams 50%
Language of instruction:	Greek
Work placement(s):	Yes