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| <i>Course unit title:</i> | <i>Geriatric Nursing</i> | | |
| <i>Course unit code:</i> | <i>NUR 401</i> | | |
| <i>Type of course unit:</i> | <i>Compulsory</i> | | |
| <i>Level of course unit:</i> | <i>Bachelor (1st Cycle)</i> | | |
| <i>Year of study:</i> | <i>4</i> | | |
| <i>Semester when the unit is delivered:</i> | <i>7 (Fall)</i> | | |
| <i>Number of ECTS credits allocated :</i> | <i>6</i> | | |
| <i>Name of lecturer(s):</i> | <i>Dr. Sapountzi-Krepia</i> | | |
| <i>Learning outcomes of the course unit:</i> | <ol style="list-style-type: none"> 1. Describe the principles and the philosophy of nursing care to the elderly 2. Identify the characteristics of biological, social, psychological and functional changes 3. Describe the use of nursing history and the reasons of falls and their prevention 4. Define the theories of ageing, ageing population, the prospect of the population of Greece and Cyprus, and the principles of medication 5. Explain dietary changes and social problems of aged persons suffering from loneliness either at home either in health institutions 6. Describe problems of respiratory, musculoskeletal, digestive, neurological and urinary systems. 7. State nursing interventions to old patients with respiratory, digestive, neurological, urinary, blood, coronary, heart, metabolic diseases and hearing and vision disorders. 8. Describe the need for guidance and support of the family regarding care in the elderly | | |
| <i>Mode of delivery:</i> | <i>Face-to-face</i> | | |
| <i>Prerequisites:</i> | <i>None</i> | <i>Co-requisites:</i> | <i>None</i> |
| <i>Recommended optional program components:</i> | <i>None</i> | | |
| <i>Course contents:</i> | <ul style="list-style-type: none"> • Demographics: Ageing. Prospect of the population of Greece and Cyprus • Ageing and old age: Overall assessment of aging from biological, social, psychological, functional and philosophical perspective- Definitions. Theories of ageing. Retirement. The ageing and the society. Philosophy and Principles of nursing care for the elderly. Problems of the elderly. Nossology of the elderly. The role of the nurse. • Assessment, design, implementing nursing care to old patients with: Neurological problems, Coronary heart disease, hypertension, Diabetes, Hearing problems. Vision problems. Nursing Intervention, Benign prostatic hyperplasia, Diseases of the respiratory system, Malignant neoplasm's in the elderly, Orthopedic problems, Osteoporosis • Medication in the elderly • Institutions for the aged: Psychosocial needs of elderly people living at home and in institutions. Welfare services available for seniors • Psychological - social problems: Loneliness, isolation, depression, suicidal | | |

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| | <p>behavior, confusion. Psychosocial needs of elderly people living at home</p> <ul style="list-style-type: none"> • Moral and ethical issues related to seniors: Nurses and the role of the family. |
| <i>Recommended and/or required reading:</i> | |
| <i>Textbooks:</i> | <ul style="list-style-type: none"> • GLORIA HOFFMAN WOLD ΒΑΣΙΚΗ ΓΗΡΙΑΤΡΙΚΗ ΝΟΣΗΛΕΥΤΙΚΗ (5Η ΕΚΔ.), 2017 ΕΚΔΟΣΕΙΣ ΠΑΡΙΣΙΑΝΟΥ, Επιμέλεια ΦΩΤΕΙΝΗ Π. ΜΠΑΜΠΑΤΣΙΚΟΥ |
| <i>References:</i> | <ol style="list-style-type: none"> 1. Redfern S.J, Ross F.M. Nursing Care of the Older adult (Greek Translation), Paschalidis Medical Publication, 2010 2. Carignan, Ann M., Gerontological Nursing, (Greek Translation) Ellin Medical Publication, 2003 |
| <i>Planned learning activities and teaching methods:</i> | <p>The course is delivered to the students by means of lectures, conducted with the help of computer-based presentations. Lecture notes and presentations are available through the web for students to use in combination with the textbooks Lectures are supplemented with clinical practice.</p> |
| <i>Assessment methods and criteria:</i> | <ul style="list-style-type: none"> • Test 40% • Assignment 10 % • Final Exam 50% |
| <i>Language of instruction:</i> | Greek |
| <i>Work placement(s):</i> | Yes |