

Course unit title:	Rehabilitation Nursing		
Course unit code:	NUR 409.3		
Type of course unit:	Electives Nursing Specialties		
Level of course unit:	Bachelor (1 <sup>st</sup> Cycle)		
Year of study:	4		
Semester when the unit is delivered:	7 (Fall)		
Number of ECTS credits allocated :	3		
Name of lecturer(s):	Professor Despina Sapountzi-Krepia		
Learning outcomes of the course unit:	<p>Upon successful completion of this course, students are expected to:</p> <ul style="list-style-type: none"> <li>• Discuss the philosophy of rehabilitation</li> <li>• Analyse the definition of rehabilitation, chronic illness, impairment, handicap, disability</li> <li>• Describe selected common diseases and disabilities requiring rehabilitation</li> <li>• Discuss the care of patients with special needs in a variety of situations</li> <li>• Acknowledge the procedures related to proper body positioning, patient mobility and performance of activities of daily living</li> <li>• Understand and discuss selected legal and ethical issues in rehabilitation situations.</li> <li>• Identify fundamental evidence-based nursing interventions appropriate for meeting the individual needs and promoting positive client outcomes</li> <li>• Analyze effective communication and health education strategies appropriate for patients and families with various chronic diseases or injuries.</li> </ul>		
Mode of delivery:	Face-to-face		
Prerequisites:	None	Co-requisites:	None
Recommended optional program components:	None		
Course contents:	<p>Introduction to rehabilitation and philosophy of rehabilitation .</p> <p>Definition of rehabilitation, chronic illness, impairment, handicap, disability, self-care, rehabilitation goals</p> <p>The rehabilitation team and interprofessional collaboration</p> <p>Selected common diseases and disabilities requiring rehabilitation</p> <p>Caring for patients with special needs in a variety of situations and procedures related to proper body positioning, patient mobility and performance of activities of daily living</p> <p>Changes in body image, and rehabilitation stress</p> <p>Supporting and empowering patients and families</p> <p>Communities as partners in rehabilitation</p> <p>Legal and ethical issues in rehabilitation situations.</p> <p>Effective communication and health education strategies appropriate for patients and families with various chronic diseases or injuries.</p> <p>Evidence-based nursing interventions appropriate for meeting patient and family needs and for promoting positive client outcomes</p>		

Recommended and/or required reading:	None								
Textbooks:	<ol style="list-style-type: none"> <li>1. Cheryl Lehman The Specialty Practice of Rehabilitation Nursing: A Core Curriculum, 7th Edition Association of Rehabilitation Nurses, 2015</li> <li>2. Chronic Illness and Nursing Care. A Holistic Approach (in Modern Greek), D Sapountzi-Krepia. Hellin Publications Athens 2009</li> </ol>								
References:	<ul style="list-style-type: none"> <li>• Kristen L. Mauk. Rehabilitation Nursing: A Contemporary Approach to Practice &amp; Bartlett Learning, 2011</li> </ul>								
Planned learning activities and teaching methods:	The course is delivered to the students by means of lectures, conducted with the help of computer-based presentations. For the implementation various teaching methods are used e.g. role play. Lecture notes and presentations are available through the web for students to use in combination with the textbooks								
Assessment methods and criteria:	<table style="width: 100%; border: none;"> <tr> <td style="width: 60%;">Test</td> <td style="text-align: right;">30%</td> </tr> <tr> <td>Assignment</td> <td style="text-align: right;">10%</td> </tr> <tr> <td>Participation</td> <td style="text-align: right;">10%</td> </tr> <tr> <td>Final Exam</td> <td style="text-align: right;">50%</td> </tr> </table>	Test	30%	Assignment	10%	Participation	10%	Final Exam	50%
Test	30%								
Assignment	10%								
Participation	10%								
Final Exam	50%								
Language of instruction:	Greek								
Work placement(s):	No								