

Course Title	<b>PRINCIPLES OF PUBLIC/ COMMUNITY HEALTH</b>				
Course Code	DLMCHC102				
Course Type	Compulsory				
Level	MSc (Level 2)				
Year / Semester	1/2				
Teacher's Name	Prof. Christos Lionis				
ECTS	10	Lectures / week	-	Laboratories / week	--
Course Purpose and Objectives	The course will provide health professionals with the necessary knowledge to understand the concept of Public and Community Health, to develop and implement appropriate health strategies and actions. Aim is also to create the ability of understanding and treating threats to population health in a timely manner, as well as to design and implement appropriate measures to promote public and community health.				
Learning Outcomes	<p>By the end of the course, the students should be able to:</p> <ol style="list-style-type: none"> <li>1. Explain the concepts and basic principles relating to Public Health, Prevention and Health Promotion.</li> <li>2. Recognize the major public health problems and the threats posed by them.</li> <li>3. Describe the main harmful environmental factors (biological, physical, chemical and psychosocial).</li> <li>4. Analyze the methods applied where appropriate to address the public health problems.</li> <li>5. Evaluate the effectiveness of measures implemented to maintain and promote the health of children, adolescents, men, women, elderly and vulnerable groups such as farmers, homeless and immigrants.</li> <li>6. Develop research questions, hypotheses and epidemiological research and, conduct descriptive statistical analysis.</li> </ol>				
Prerequisites	NONE	Required	NONE		
Course Content	<p>Public - Community Health.</p> <p>Public Health Structure in Cyprus.</p> <p>International Organizations providing public health services (World Health Organization, Eurostat, etc.).</p> <p>European Union and Public Health.</p> <p>Primary – Secondary and Tertiary Health Care.</p> <p>Environmental Health.</p>				

	<p>Estimation of population health – Health Indicators.</p> <p>Health education and health promotion.</p> <p>Strategies and policies to prevent public health problems.</p> <p>Epidemiological investigation – Health investigation in the Community.</p> <p>Health of children, teens, men, women, elderly and vulnerable groups.</p> <p>Abuse of addictive substances.</p> <p>Health and immigrant farmers.</p> <p>Health problems of homeless.</p> <p>Violence in the community.</p>
Teaching Methodology	<p>Teaching includes lectures on the theoretical background via digital presentations and teaching material rich in images and short animations for better understanding key concepts. It is also includes relevant material published in international journals to follow latest developments related to the subject matter of the course.</p>
Bibliography	<p><u>Textbooks:</u></p> <ul style="list-style-type: none"> <li>• Anugwom, E. E., &amp; Awofeso, N. (Eds.). (2020). Public Health in Developing Countries: Challenges and Opportunities.</li> <li>• Stanhope, M., &amp; Lancaster, J. (2019). <i>Public health nursing e-book: Population-centered health care in the community</i>. Elsevier Health Sciences.</li> </ul> <p><u>References:</u></p> <ul style="list-style-type: none"> <li>• Kushmatova, D. E., &amp; Khakimova, H. K. (2022). CURRENT PERSPECTIVES ON THE SUBJECT OF PUBLIC HEALTH AND HEALTH CARE. <i>World Bulletin of Public Health</i>, 6, 51-53.</li> <li>• Lazarus, J. V., Mark, H. E., Anstee, Q. M., Arab, J. P., Batterham, R. L., Castera, L., ... &amp; Zelber-Sagi, S. (2022). Advancing the global public health agenda for NAFLD: a consensus statement. <i>Nature Reviews Gastroenterology &amp; Hepatology</i>, 19(1), 60-78.</li> <li>• Van Bavel, J. J., Cichocka, A., Capraro, V., Sjästad, H., Nezlek, J. B., Pavlović, T., ... &amp; Jørgensen, F. J. (2022). National identity predicts public health support during a global pandemic. <i>Nature communications</i>, 13(1), 1-14.</li> <li>• Wong, B. L. H., Maaß, L., Vodden, A., van Kessel, R., Sorbello, S., Buttigieg, S., ... &amp; European Public Health Association. (2022). The dawn of digital public health in Europe: Implications for public health policy and practice. <i>The Lancet Regional Health-Europe</i>, 14, 100316.</li> </ul>
Assessment	<p>Mid-Term 30%</p> <p>Continuous Assessment 20%</p> <p>Final Exam 50%</p>



ΦΟΡΕΑΣ ΔΙΑΣΦΑΛΙΣΗΣ ΚΑΙ ΠΙΣΤΟΠΟΙΗΣΗΣ ΤΗΣ ΠΟΙΟΤΗΤΑΣ ΤΗΣ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΥΣΗΣ  
THE CYPRUS AGENCY OF QUALITY ASSURANCE AND ACCREDITATION IN HIGHER EDUCATION



Language	Greek
----------	-------