

Course title:	Family Health Care I			
Course Code:	DLMCHC103			
Course type:	Mandatory			
Level:	Master			
Year / Semester:	1 ^o / 2o			
Number of ECTS credits:	10	Choose:	Laboratories:	-
Professor	Dr. Alexandros Argyriadis			
Course purpose and objectives:	The aim of the course is to provide a high level of knowledge and skills to postgraduate students in order to provide optimal health care to individuals, families and population groups. Particular emphasis is placed on communication with the family, on theoretical models of approach and evaluation and intervention in health issues related to the family.			
Learning outcomes:	<p>Postgraduate students at the end of the course are expected to:</p> <ul style="list-style-type: none"> • Identify the family as a system • Recognize family risk factors • Analyze data on the health status of individuals and family • Plan health care interventions for acute common and chronic health problems in people of all ages and in the family • Design prevention and health promotion programs for people of all ages and families • Prepare studies and family health programs • Make protocols for family health interventions • Modify possible unhealthy family habits. 			
Prerequisites :	none	Prerequisites:	none	
Course content:	<ul style="list-style-type: none"> • Introduction to General-Family Health Care. • Family as a system. • Family system factors and the effects on family health. • Theoretical approaches to family health. • Characteristics and structure of the family. • Healthy family functions • Life-threatening health hazards. • Risk reduction approaches. • Prevention strategies. 			

	<ul style="list-style-type: none"> • Care interventions for the family and individuals in development. • Interdisciplinary approach to home health care. • Cultural adequacy in family health care. • Research in General - Family Health Care
Teaching Methodology	The teaching of the course includes lectures for the presentation of the theoretical background. The teaching uses detailed presentations with PowerPoint and digital material with pictures and blueprints in order to support students better understand the course concepts. Relevant material published in reputable international scientific journals is also used in order to follow the latest developments related to the subject of the course.
Bibliography	<p><u>Textbooks :</u></p> <ul style="list-style-type: none"> • Edelman, CL, & Kudzma , EC (2021). <i>Health promotion throughout the life span-e-book</i> . Elsevier Health Sciences. • Will s, J., & Pgce , BMM (2022). <i>Foundations for Health Promotion-E-Book</i> . Elsevier Health Sciences. <p><u>References :</u></p> <ul style="list-style-type: none"> • Ferraz , CMLC, Caram , CDS, & Brito, MJM (2022). Virtue ethics in family health practice practice. <i>Acta Paulista de Enfermagem</i> , 35 . • Hull, LE, & Natarajan, P. (2022). Self-rated family health history knowledge among All of Us program participants. <i>Genetics in Medicine</i> . • Ridgway, L., Hackworth, N., Nicholson, JM, & McKenna, L. (2021). Working with families: A systematic scoping review of family-centered care in universal, community-based maternal, child, and family health services. <i>Journal of Child Health Care</i> , 25 (2), 268-289. • Vicari , T., Lago, LM, & Bulgarelli , AF (2022). Realities of the practices of the Family Health Strategy as driving forces for access to SUS health services: a perspective of the Institutional Analysis. <i>Saúde em Debate</i> , 46 , 135-147. • Yogman , MW, & Eppel , AM (2022). The Role of Fathers in Child and Family Health. In <i>Engaged Fatherhood for Men, Families and Gender Equality</i> (pp. 15-30). Springer , Cham .
Evaluation	<p>Final Written Assessment 50%</p> <p>Continuous Assessment 20%</p> <p>Mid-Term Assessment 30%</p>
Language	GREEK