SCHOOL OF EDUCATIONAL SCIENCES AND SOCIAL SCIENCES
DEPARTMENT OF PSYCHOLOGY AND SOCIAL WORK
(CIP file- Classification of instructional programmes)

Course unit title:	**PPSY201**
Course unit code:	**PERSONALITY PSYCHOLOGY**
Type of course unit:	CORE
Level of course unit:	BACHELOR'S
Year of study:	2ND
Semester when the unit is delivered:	FALL
Number of ECTS credits allocated :	5
Name of lecturer(s):	Dr. LOUKIA DEMETRIOU
Learning outcomes of the course unit:	With the completion of the module, students should be able to : 1. Learn and recall theories of personality and personality assessment procedures / tools. 2. Comprehend the structure and functions of personality as well as the factors that influence the development of personality. 3. Internalize the acceptance of individual differences and learn ways to cultivate acceptance and tolerance in today's multicultural society. 4. Understand and interpret the relation between personality functioning and self-perception, self-esteem and self-actualization in classroom situations. 5. Perform critical evaluation, compare and contrast theoretical approaches and research findings from the Psychology of Personality and Individual Differences
Mode of delivery:	• Lectures using slides [PowerPoint] • Short documentary screenings on issues relevant to development • Group assignments • Discussion in class – development of critical thinking • Presentations by students

Prerequisites:	NONE	Co-requisites:	NONE

Course contents:	**1. Introduction:** Definitions and approaches of Personality. Personality Structure. Hereditary and Environmental factors in personality development. **2. Research Methods in Personality Psychology:** Comprehend functions of Personality Theories. Overview to theoretical and research approaches to personality (Psychodynamic, Cognitive,

	Humanistic).
	3. Personality Theories A: Psychodynamic Orientation: S. Freud's Theory of Personality. Psychosexual Stages of Development, The Structural Model of Mind. **4. Personality Theories B:** Humanistic-Existential Orientation: The Self, Self-Actualization, Self-Esteem. A. Maslow, Carl Rogers, George Kelly. Principles of Humanistic Approaches in Education. **5. Personality Theories C:** Trait-Theories of Personality: Gordon Allport, Hans Eysenck, Raymond Cattell. **6. Cultivating Personality:** Childhood Experiences in the family, Parenting Styles. Rohner's Theory of Parental Acceptance and Rejection. **7. Identity and Self-Esteem** Concept of Identity. Discuss Psychological Theory of Identity and Erikson's Psychosocial Stages of Development. **8. Assessment of Individual Differences** Personality Assessment: Reliability / Validity. Cultural relativity and bias of Testing: Critical Considerations. **9. Stress and Coping** Interpretational Approaches to Stress and Coping. Dispositional Approaches to Stress and Coping, Anxiety and the Mechanisms of Defence, Neuroses
Recommended and/or required reading:	Abbot, T. (2001). <u>Social and Personality Development</u>. New York: Routledge Δημητρίου, Λ. (2001). <u>Τα 6 πρώτα χρόνια της ζωής</u>. Αθήνα: Ελληνικά Γράμματα. McMartin, J. (1995). <u>Personality Psychology</u>. Thousand Oaks, Ca: Sage Publications.
Textbooks:	Pervin, L.A. & O.P. John (200<u>1). Θεωρίες Προσωπικότητας</u>. Αθήνα: Τυπωθήτω
References:	Ποταμιάνος, Γ. & Αναγνωστόπουλος, Φ. (2012). Θεωρίες Προσωπικότητας: Κλινική πρακτική και έρευνα. Αθήνα: Παπαζήσης
Planned learning activities and teaching methods:	✓ Presentation / Lecture – with the use of PowerPoint slides). ✓ Discussion (s) in class: Small group discussions using case studies ✓ Presentation of short assignments by students.
Assessment methods and criteria:	I. Mandatory class attendance II. Completion of assignments and participation in classroom activities (discussions). III. Completion of personal or group assignments [20%] IV. Participation in the Midterm(s) [30%] V. Participation in the final exams [50%]
Language of instruction:	GREEK
Work placement(s):	NONE