Course unit title:	**Introduction to Psychopathology**
Course unit code:	PPSY202
Type of course unit:	BSc Psychology (Required Courses) -
Level of course unit:	Undergraduate
Year of study:	2nd
Semester when the unit is delivered:	3rd
Number of ECTS credits allocated :	5
Name of lecturer(s):	Dr Ioanna Katsounari
Learning outcomes of the course unit:	By the end of the course, the students should be able to: 1. Analyze basic concepts of psychopathology and describe the multi- factorial aetiology of mental illness. 2. Analyze the historical evolution of mental illness and describe the various approaches which explain psychopathology. 3. Explain the symptomatology of mental illness according to international diagnostic systems and describe how it differentiates from the intensity of symptomatology that is experienced by a functional person in every day life. 4. Describe the various sociopolitical elements which participate in the aetiology of mental illness. 5. Describe methods of psychosocial recovery and apply to professional practice.
Mode of delivery:	Face-to-Face

Prerequisites:	None	Co-requisites:	None

Course contents:	**Definition of abnormal behavior:** Definitions of Mental Health (World Organization), Mental Illness and Psychopathology, Diagnostic systems (DSM-5, ICD-10), Social and political dimensions.
	Historical evolution of Psychopathology and Modern theoretical approaches to psychopathology.
	Anxiety Disorders: Generalized Anxiety Disorder, Panic Attack. Post-traumatic stress disorder, Agoraphobia, Obsessive-Compulsive Disorder, Phobias,

	Epidemiology, Aetiology-Biological, Behavioral-Cognitive, Psychoanalytic.
	Affective disorders: Major Depression, Dysthymic Disorder, Bipolar Illness I & II, Post-natal depression, Suicide, Aetiology and Intervention, Biological, Behavioral-Cognitive, Psychoanalytic Approaches.
	Psychoses: Schizophrenic Disorders, Clinical Types of Schizophrenia, Aetiology-Biological and Psychological Approaches.
	Eating disorders: Anorexia Nervosa, Anorexia Bulimia, Psychosocial Explanations and Interventions.
	Psychosomatic Illnesses: Stress, Biological Approach, Social factors, Behavioral, Cognitive and Psychoanalytic Approaches.
	Disorders related to substance abuse: Characteristics of Psychological and Physical Dependency, Different categories of Substances and characteristics of psychological dependency.
Recommended and/or required reading:	• Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: American Psychiatric Publishing (in Greek) • Bennet, P. (2010). Clinical Psychology and Psychopathology. Athens: Pedio (in Greek) • Lynda-Heiden & Michel Hersen (1997). Introduction to Clinical Psychology. Athens: Ellinika Grammata. (in Greek) • Esagian, G. (2000). Introduction to Psychopathology, Athens: Mastorides. (in Greek) • Smint-Kitsiki, E. (2005). Introduction to Clinical Psychology. Athens: Kastanioti. (in Greek) • Marselos, M. (1997). Addictive substances. Athens: Tipothito. (in Greek)
Textbooks:	• Christodoulou, A. (2008). Introduction to Psychopathology Adult. Athens: Topos. (in Greek).
References:	• Esagian, G. (2000). Introduction to Psychopathology, Athens: Mastorides. (in Greek) • Smint-Kitsiki, E. (2005). Introduction to Clinical Psychology. Athens: Kastanioti. (in Greek) • Marselos, M. (1997). Addictive substances. Athens: Tipothito. (in Greek)
Planned learning activities and teaching methods:	The main teaching methods are the following: • Lectures-Analysis of theoretical material • Discussion groups • Use of visual-auditory material
Assessment methods and criteria:	Midterm Exam 30% Paper 20% Final Exam 50%
Language of instruction:	Greek
Work placement(s):	N/A