Course unit title:	**History and Systems of Psychology**
Course unit code:	IPSY 101
Type of course unit:	BSc Psychology (Required Courses) -
Level of course unit:	Bachelors
Year of study:	1st
Semester when the unit is delivered:	1st
Number of ECTS credits allocated :	5
Name of lecturer(s):	Dr Ioanna Katsounari
Learning outcomes of the course unit:	By the end of the course, the students should be able to: 1. Describe the basic concepts of Psychology and the historical evolution of Psychology as a science. 2. Explain the methodologies used by Psychology and describe the different specialties within the field of Psychology. 3. Describe the concept of personality and analyze environmental and genetic factors which influence the development of personality. 4. Describe the basic theoretical approaches of Psychology and their application in understanding human behaviour. 5. Explain biological bases of behaviour and describe the link between the nervous system and behaviour. 6. Explain social processes and the reciprocal influence on individual human behaviour.
Mode of delivery:	Face-to-Face

Prerequisites:	None	Co-requisites:	None

Course contents:	Definition of Psychology, Historical evolution of Psychology, Methodologies of Psychology. Definition of Personality, Genetic and Environmental Influences, The ecological Model of Bronfenbrenner. Biological bases of behaviour- Nervous system, Brain, and Behaviour. Assessment of personality-Objective and projective assessment methods of personality. Personality theories: Freud's psychoanalytic theory, Rogers person-centered theory, Maslow's hierarchy of needs, Behavioural theories. Cognitive Psychology: Memory and Perception. Social Psychology: Attitudes, Stereotypes, Prejudice, Social Influence, Aggression.
Recommended	Βοσνιάδου, Σ. (2004). Εισαγωγή στην Ψυχολογία. Τόμος Α' & Β'. Αθήνα:

and/or required reading:	Gutenberg.
Textbooks:	Βοσνιάδου, Σ. (2004). Εισαγωγή στην Ψυχολογία. Τόμος Α' & Β'. Αθήνα: Gutenberg
References:	Atkinson, R. & Atkinson, R. (2003). Εισαγωγή στην Ψυχολογία, Τόμος Α & Β. Παπαζήση. Culkin, J. & Perrotto, S. (2004). Θεμελιώδεις Αρχές της Ψυχολογίας Εφαρμογές στη ζωή και την εργασία. Αθήνα: Έλλην. Lawrence, P. & John, O. (2001). Θεωρίες Προσωπικότητας-Έρευνα και Εφαρμογές. Αθήνα: Τυπωθήτω.
Planned learning activities and teaching methods:	The main teaching methods are the following: • Lectures-Analysis of theoretical material • Discussion groups • Use of visual-auditory material
Assessment methods and criteria:	Midterm Exam 30% Paper 20% Final Exam 50%
Language of instruction:	Greek
Work placement(s):	N/A