

Course Title	<b>Clinical Practice I</b>		
Course Code	<b>NURS 112</b>		
Course Type	Compulsory		
Level	BSc (Level 1)		
Year / Semester	1 <sup>st</sup> / Spring - Summer		
Instructor's Name	Dr Evanthia Asimakopoulou		
ECTS	4	Total hours / semester	360
Course Purpose	<p>The aim of the course is the application and consolidation of theoretical knowledge and skills in nursing care of patients in a clinical environment. Clinical practice I is carried out in General Pathological and Surgical hospital Departments in Public or Private Hospitals and students under the guidance of the clinical instructors are practiced in nursing procedures according to the content of the Nursing theoretical courses taught.</p>		
Learning Outcomes – Clinical objectives	<p>By the end of Clinical practice I, students should be able to:</p> <ul style="list-style-type: none"> <li>- Recognize the structure and adapt to the nursing ward and hospital environment</li> <li>- Apply hand hygiene and aseptic and antiseptic techniques</li> <li>- Demonstrate proper use and disposal of personal protective equipment</li> <li>- Apply patient preparation and admission to the ward</li> <li>- Evaluate, plan and implement nursing care for patients with common health problems</li> <li>- Receive Nursing History, evaluate and prioritize the patient's needs</li> <li>- Take, evaluate and document patient's Vital Signs</li> <li>- Recognize and describe routine diagnostic tests, laboratory and radiological</li> <li>- Apply patient hygiene, bed bath, bedding, head wash, oral care</li> <li>- Apply techniques and skills for the proper patient position in bed, for the prevention of falls and maintaining the integrity of the skin</li> <li>- Implement fluid and medicine administration by different routes and recognize techniques, nursing responsibilities and safe administration principles</li> <li>- Use the principles of oxygen administration and apply effective oxygen therapy</li> <li>- Plan and implement perioperative patient care</li> <li>- Organize the patient discharge procedure</li> <li>- Educate patients and their families on continuing care at home</li> <li>- Document the Nursing Care using the Nursing protocols and updating the Nursing file.</li> </ul>		

Teaching Methodology	Clinical teaching uses the method of demonstration and implementation of nursing practices and procedures guided and supervised by clinical instructors.
Bibliography	<p><b>(a) Textbooks:</b> Taylor, C., Lynn, P., &amp; Bartlett, J. (2018). <i>Fundamentals of nursing</i>. LWW Wolters Kluwer.</p> <p>DeWit, S.C. (2021). <i>Βασικές Αρχές και Δεξιότητες της Νοσηλευτικής Φροντίδας</i>, 5η Έκδοση, Αθήνα: Ιατρικές Εκδόσεις Λαγός Δημήτριος. <b>(In Greek)</b></p> <p><b>(b) References:</b> Gulanick, M. &amp; Myers J.L. (2021). <i>Nursing Care Plans: Diagnoses, Interventions, and Outcomes</i>, 10th edition. Elsevier.</p> <p>Phelps, L., Ralph, S., &amp; Taylor, C. (2020). <i>Sparks &amp; Taylor's nursing diagnosis reference manual</i>. LWW Wolters Kluwer.</p> <p>Nursing Fundamentals, Author: Open Resources for Nursing (Open RN), 2020. <a href="https://wtcs.pressbooks.pub/nursingfundamentals/front-matter/introduction/">https://wtcs.pressbooks.pub/nursingfundamentals/front-matter/introduction/</a></p> <p>Lynn, P. (2019). <i>Lippincott photo atlas of medication administration</i>. Philadelphia, Pa: LWW Wolters Kluwer.</p> <p>Lynn, P. (2018). <i>Taylor's clinical nursing skills</i>. LWW Wolters Kluwer.</p> <p>Lynn, P. (2018). <i>Skill checklists for Taylor's clinical nursing skills</i>. LWW Wolters Kluwer.</p> <p>Lynn, P. (2012). <i>Κλινικές νοσηλευτικές δεξιότητες και νοσηλευτική διεργασία</i>. Ιατρικές Εκδόσεις Πασχαλίδης <b>(In Greek)</b></p> <p>Taylor, C., Lillis &amp; P. Le Mone. (2010). <i>Θεμελιώδεις αρχές της Νοσηλευτικής. Η επιστήμη και η τέχνη της νοσηλευτικής φροντίδας</i>. Ιατρικές Εκδόσεις Πασχαλίδης <b>(In Greek)</b></p> <p>Marilynn E. Doenges, Mary Frances Moorhouse, Alice C. Myrr. (2009). <i>Οδηγός Ανάπτυξης Σχεδίου Νοσηλευτικής Φροντίδας</i>. Επιστημονική επιμέλεια: Ελισάβετ Πατηράκη – Κουρμπάνη. Συγγραφείς: Ιατρικές Εκδόσεις Πασχαλίδης <b>(In Greek)</b></p> <p><i>Through the services of the university library, access is provided to electronic repositories of scientific journals and articles, indicatively <b>ProQuest, Cambridge University Press</b> and <b>Science Direct</b> with thousands of scientific journals in the fields of health sciences.</i></p>
Assessment	(a) Methods: In clinical practice and clinical teaching, demonstrations and supervised (by clinical instructors) nursing interventions applications are used. Thus, the clinical instructors apply continuous assessment of

	<p>students.</p> <p>(b) Criteria: Continuous assessment is measured by the daily assessment on student performance by providing total nursing care to individuals, families and communities in accordance to their clinical goals (course learning outcomes).</p> <p>(C) Weights:</p> <ul style="list-style-type: none"> <li>– Continuous Assessment 100%</li> <li>– Presence is compulsory for all students, absences of up to 15% are replenished, and beyond this percentage the student fails the entire course.</li> </ul> <p>Students must succeed a continuous assessment of at least 50%, otherwise the student fails the entire course.</p>
Language	Greek / English