

Course Title	Clinical Practice II		
Course Code	NURS 214		
Course Type	Compulsory		
Level	BSc (Level 1)		
Year / Semester	2 nd / Spring		
Instructor's Name	Dr Evanthia Asimakopoulou		
ECTS	4	Total hours / semester	360
Course Purpose	<p>The aim of the course is the application and consolidation of theoretical knowledge and skills in nursing care of patients in the clinical area. Clinical practice II is carried out in General and Special Pathological and Surgical Departments, Surgical Theatres, Recovery Rooms in Public or Private Hospitals and students under the guidance of the clinical instructors are practiced in nursing procedures according to the content of the Nursing theoretical courses taught.</p>		
Learning Outcomes – Clinical objectives	<p>By the end of Clinical practice II, students should be able to:</p> <ul style="list-style-type: none"> - Assess patient's fluid and electrolyte status and manage their disorders - Assess patient's nutritional needs and apply enteral and parenteral nutrition - Plan and implement personalized preoperative, intraoperative and postoperative nursing care - Recognize, describe and participate in nursing procedures within the operating room - Apply Nursing care of surgical wounds and drainages with aseptic technique - Recognize the timely mobilization / awakening of the postoperative patient - Implement effective oxygen therapy and medicine administration from all routes - Place a peripheral venous line (catheter) and monitor the intravenous administration of fluids and medications - Take biological samples for laboratory tests (blood, urine, bronchial secretions, etc.) - Place urinary catheter and apply the appropriate nursing care - Place nasogastric catheter and apply the appropriate nursing care - Apply nursing care to gastrointestinal stoma (gastrostomy, ileostomy, colostomy) - Demonstrate Nursing care to a patient with tracheostomy and apply suction 		

	<ul style="list-style-type: none"> - Perform an electrocardiogram (ECG) of 12 leads, evaluate and describe basic electrocardiographic disorders - Use monitors for hemodynamic monitoring and evaluation of the patient - Prepare and participate in patient drainage (chest, abdomen, etc.) - Evaluate glucose levels, administer insulin, and train patients in insulin therapy - Educate patients and their families on continuing care at home - Document nursing care using the nursing protocols and updating the nursing file.
Teaching Methodology	Clinical teaching uses the method of demonstration and implementation of nursing practices and procedures guided and supervised by clinical instructors.
Bibliography	<p><u>Textbooks:</u></p> <p>Peate, I. (2020). <i>Παθολογική-Χειρουργική Νοσηλευτική με μια ματιά</i> (1η Εκδ.). Παρισιάνου Α.Ε. (In Greek)</p> <p>Stromberg, H. K. (2021). <i>deWit's Medical-Surgical Nursing: Concepts & Practice</i> (4th ed.). Elsevier.</p> <p><u>References:</u></p> <p>DeWit, S.C. (2021). <i>Βασικές Αρχές και Δεξιότητες της Νοσηλευτικής Φροντίδας</i>, 5η Έκδοση, Αθήνα: Ιατρικές Εκδόσεις Λαγός Δημήτριος. (In Greek)</p> <p>Gulanick, M. & Myers J.L. (2021). <i>Nursing Care Plans: Diagnoses, Interventions, and Outcomes</i>, 10th edition. Elsevier.</p> <p>Thomas, D. (Ed.). (2020). <i>Elsevier Clinical Skills Manual: Medical-Surgical Nursing</i>. Elsevier.</p> <p>Nursing Fundamentals, Author: Open Resources for Nursing (Open RN), 2020. https://wtcs.pressbooks.pub/nursingfundamentals/front-matter/introduction/</p> <p>Lynn, P. (2018). <i>Taylor's clinical nursing skills</i>. LWW Wolters Kluwer.</p> <p>Lynn, P. (2018). <i>Skill checklists for Taylor's clinical nursing skills</i>. LWW Wolters Kluwer.</p> <p>Lynn, P. (2012). <i>Κλινικές νοσηλευτικές δεξιότητες και νοσηλευτική διεργασία</i>. Ιατρικές Εκδόσεις Πασχαλίδης (In Greek)</p> <p>Lemone, P., Burke, K. & Bauldoff, G. (2014). <i>Παθολογική-Χειρουργική Νοσηλευτική Κριτική Σκέψη κατά τη Φροντίδα του Ασθενούς</i>. Ιατρικές Εκδόσεις Λαγός Δημήτριος. (In Greek)</p>
Assessment	(a) Methods: In clinical practice and clinical teaching, demonstrations and

	<p>supervised (by clinical instructors) nursing interventions applications are used. Thus, the clinical instructors apply continuous assessment of students.</p> <p>(b) Criteria: Continuous assessment is measured by the daily assessment on student performance by providing total nursing care to individuals, families and communities in accordance to their clinical goals (course learning outcomes).</p> <p>(C) Weights:</p> <ul style="list-style-type: none"> – Continuous Assessment 100% – Presence is compulsory for all students, absences of up to 15% are replenished, and beyond this percentage the student fails the entire course. <p>Students must succeed a continuous assessment of at least 50%, otherwise the student fails the entire course.</p>
Language	Greek / English