

Course Title	Geriatric Nursing				
Course Code	NURS406				
Course Type	Compulsory				
Level	Bachelor (1st Cycle)				
Year / Semester	4 nd / Spring				
Instructor's Name	Dr. Dimitrios Theofanidis				
ECTS	4	Lectures / week	3	Laboratories/week	0
Course Purpose	The aim of the course is to familiarize students with the concepts and the principles underlying the field of Geriatric Nursing, to provide students with deep knowledge of the theories and methodologies related to Geriatric Nursing and to help them develop critical thinking when dealing with elderly people.				
Learning Outcomes	<ul style="list-style-type: none"> - Cite the principles and the philosophy of nursing care to the elderly - Identify the characteristics of biological, social, psychological and functional changes - Describe the use of nursing history and the reasons of falls and their prevention - Explain the theories of ageing, ageing population, the prospect of the population of Cyprus and Greece, and the principles of medication - Review dietary changes and social problems of aged persons suffering from loneliness either at home either in health institutions - Contrast problems of respiratory, musculoskeletal, digestive, neurological and urinary systems. - Judge nursing interventions to old patients with respiratory, digestive, neurological, urinary, blood, coronary, heart, metabolic diseases and hearing and vision disorders. - Plan the need for guidance and support of the family regarding care in the elderly 				
Prerequisites	None		Corequisites	None	
Course Content	<ul style="list-style-type: none"> - Demographics: Ageing. Prospect of the population of Cyprus, Greece and worldwide. - Ageing and old age: Overall assessment of aging from biological, social, psychological, functional and philosophical perspective-Definitions. Theories of ageing. Retirement. The ageing and the society. Philosophy and Principles of nursing care for the elderly. Problems of the elderly. Nossology of the elderly. The role of the nurse. - Assessment, design, implementing nursing care to old patients with: Neurological problems, Coronary heart disease, hypertension, Diabetes, Hearing problems. Vision problems. Nursing Intervention, prostatic hyperplasia, Diseases of the respiratory system, Malignant 				

	<p>neoplasm's in the elderly, Orthopedic problems, Osteoporosis</p> <ul style="list-style-type: none"> - Medication in the elderly - Institutions for the aged: Psychosocial needs of elderly people living at home and in institutions. Welfare services available for seniors - Psychological - social problems: Loneliness, isolation, depression, suicidal behavior, confusion. Psychosocial needs of elderly people living at home and in institutions - Moral and ethical issues related to seniors: Nurses and the role of the family.
Teaching Methodology	<p>The course is delivered to the students through lectures, using computer-based presentations programmes. Case Studies, Discussion, Questions / Answers are also used depending on the content of the lecture. Lecture notes and presentations are available online for use by students in combination with textbooks. Relevant material published in international scientific journals are also used to follow the latest developments related to the subject of the course.</p>
Bibliography	<p>(a) Textbooks:</p> <p>Eliopoulos, C. (2021). <i>Gerontological Nursing</i>. Wolters Kluwers Pubs.</p> <p>Hoffman, W. G. (2017). <i>Βασική Γηριατρική Νοσηλευτική (5Η ΕΚΔ.)</i>. Εκδόσεις ΠΑΡΙΣΙΑΝΟΥ, Επιμέλεια Μπαμπάτσικου Φ. (In Greek)</p> <p>(b) References:</p> <p>Wirth-Tomaszewski E. (2020). <i>Lippincott Certification Review: Adult-Gerontology Acute Care Nurse Practitioner</i>. Wolters Kluwers Pubs, 2020.</p> <p>Redfern, S. J. & Ross, F. M. (2011). <i>Νοσηλευτική Φροντίδα Ηλικιωμένων</i>. Π.Χ. Πασχαλίδης (In Greek)</p> <p><i>Through the services of the university library, access is provided to electronic repositories of scientific journals and articles, indicatively ProQuest, Cambridge University Press and Science Direct with thousands of scientific journals in the fields of health sciences.</i></p>
Assessment	<p>The assessment of this course consists of the coursework (midterm exam, assignment) and final exam.</p> <p>Mid-Term Exam: 40%. A written midterm exam will be comprised by multiple choice questions, short answer and open questions.</p> <p>Assignment: 10%. A literature review containing the following elements: abstract, Introduction, aim, Methodology, Bibliographic Research on the Subject under Study, Discussion – Conclusions and References. Length of the assignment: 3,000-3,500 words (2 students) or 2,000-2,500 words (1 student).</p> <p>Written Final Exam: 50%. A written final exam will be comprised by</p>



	multiple choice questions, short answer and open questions.
Language	Greek / English