# Donate a book, be a soul feeder

# 28-31 March 2022

### **Collection Point:**

Main Building Entrance Nicosia - Limassol Campus

Reinforce our Counselling Centre's Lending Library by donating a self-help / self improvement book.

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Quite often, during counselling sessions with our students, we encourage the reading of such books in order to help with their unique needs.

# **Aims of our Lending Library:**

- Promoting reading as a therapeutic tool
- "Prescribing" books tailored to our students' needs
- Developing positive role models and positive behaviour
- Promoting mental health and wellbeing

# What kinds of books to donate?

We accept only self-help and self-impovement books that have inspired you and can inspire others!



