

Course unit title:	Transcultural Nursing		
Course unit code:	NUR406.1		
Type of course unit:	Technical Elective		
Level of course unit:	Bachelor (1st Cycle)		
Year of study:	4		
Semester when the unit is delivered:	7 (Fall)		
Number of ECTS credits allocated :	3		
Name of lecturer(s):	Dr. D. Sapountzi-Krepia		
Learning outcomes of the course unit:	<ol style="list-style-type: none"> 1. Explain the concepts and terminologies related to Transcultural Nursing, Cultural Self-Assessment, Religion, Racism, Ethnocentrism, Stereotypes and Cross-Cultural Communication. 2. Identify the impact of culture on health and healthcare. 3. Recognise the necessity and importance of patients' spirituality and religiousness in the provision of culturally sensitive nursing care. 4. State the components of a Transcultural Healthcare Workforce. 5. Distinguish Health Traditions Paradigm and Models, Health Belief Systems and Types of Healing Systems. 6. Analyse Transcultural Nursing Care Theoretical Models. 7. Employ different approaches in the transcultural nursing care of pregnant women, children and adolescents, adults and older adults, people in pain and with mental illnesses, refugees and immigrants. 8. Apply Cultural Assessment. 		
Mode of delivery:	Face-to-face		
Prerequisites:	None	Co-requisites:	None
Recommended optional program components:	None		
Course contents:	<ul style="list-style-type: none"> • Transcultural Nursing: History, Concepts, Terminologies and Care Models. • Assessment: Self- and Cultural. • Communication across cultures. • Health: Traditions, Paradigms, Models, Belief Systems and Types of Healing Systems. • Religion. • Life Cycle: Reproduction, Children, Adolescents, Adults and Older Adults. • Pain. • Mental Health. • Refugees and Immigrants. • Transcultural Healthcare Workforce. 		
Recommended and/or required reading:			
Textbooks:	Papadopoulos, A. Kalokerinou-Anagnostopoulou, Ch. Kouta, <i>Transcultural Nursing and Culturally Competence of Health Professionals</i> . Paschalidis Medical Publication, 2011		
References:	Marilyn R. McFarland ,Hiba B. Wehbe-Alamah, Leininger's Transcultural		

	<p>Nursing: Concepts, Theories, Research & Practice, Fourth Edition, McGraw-Hill Education – Europe, 2018</p> <p>M. Andrews, J. Royle, <i>Transcultural Concepts in Nursing Care</i>. (5th ed.) Wolters Kluwer. Lippincott Williams & Wilkins, 2008</p>
Planned learning activities and teaching methods:	The course is delivered to the students by means of lectures, conducted with the help of computer-based presentations. Lecture notes and presentations are available through the web for students to use in combination with the textbooks.
Assessment methods and criteria:	<ul style="list-style-type: none"> • Test 40% • Participation 10% • Final Exam 50%
Language of instruction:	Greek
Work placement(s):	No

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