

Course unit title:	Psychiatry		
Course unit code:	NUR309		
Type of course unit:	Compulsory		
Level of course unit:	Bachelor (1 <sup>st</sup> Cycle)		
Year of study:	3		
Semester when the unit is delivered:	6 (Spring)		
Number of ECTS credits allocated :	4		
Name of lecturer(s):	Dr. Panagiota Stylianou		
Mode of delivery:	Face-to-face		
Prerequisites:	None	Co-requisites:	None
Recommended optional program components:	None		
Learning outcomes of the course unit:	<ol style="list-style-type: none"> <li>1. Describe, address and deal with mental health problems</li> <li>2. Describe the interpersonal skills required to achieve effective cooperation and communication with the support team</li> <li>3. Describe the necessary techniques required in order to work in a multidisciplinary team responding to the needs of patients, to participate in individualized programs of care, working in collaboration with the patient, their care givers and their families</li> <li>4. State the assistance needed for a patient to maintain his dignity and to act with confidentiality</li> <li>5. List the appropriate counseling skills</li> <li>6. Identify the emotional support, the specific counseling and the interventions needed for a patient</li> </ol>		
Course contents:	<ul style="list-style-type: none"> <li>• <b>Introduction to the science of Psychiatry:</b> The milestones in the history of Psychiatry. Definitions and principles of psychiatry. Elements and techniques of therapeutic communication. Basic principles of making clinical interview</li> <li>• <b>Anxiety disorders:</b> The nature and the types of anxiety disorders. Symptoms, differential diagnosis and treatment</li> <li>• <b>Psychotic disorders:</b> Clinical description of schizophrenic psychosis. Epidemiology, pathogenesis and types. Therapeutic approaches, psychotropic drugs and side effects. Psychosocial intervention, psychotherapy</li> <li>• <b>Affective disorders:</b> Characteristics of bipolar disorder and depression. Therapeutic interventions. Types of depression</li> <li>• <b>Organic brain syndrome and psychoses:</b> Causes and symptoms. Organic brain syndrome from toxic substances abuse</li> <li>• <b>Personality disorders:</b> Types, characteristics and therapeutic approaches. Community Psychiatry-Units of outpatient care: Community psychiatric services. The Center for Mental Health. Social support systems. Mentally ill patients rehabilitation</li> </ul>		
Textbooks:	<ul style="list-style-type: none"> <li>• Κλινική ψυχιατρική, Μαδιανός Μιχάλης, Διαθέτης (Εκδότης): Αθανασιος Α. Καστανιωτης ΑΕΒΕΔΕ</li> <li>• Stern, T., Freudenreich, O., Smith, F., Fricchione, G., Rosenbaum, G. (2017). <i>Massachusetts General Hospital Handbook of General Hospital</i></li> </ul>		

	<i>Psychiatry</i> . Elsevier.
References:	<ul style="list-style-type: none"> <li>• Owen et al (2007) The genetic deconstruction of psychosis. <i>Schizophrenia Bulletin</i> 33(4):905-11.</li> <li>• Harrison and Weinberger (2005) Schizophrenia genes, gene expression, and neuropathology: on the matter of their convergence. <i>Molecular Psychiatry</i> 10:40-68.</li> <li>• Kirov, O'Donovan, and Owen (2005) Finding schizophrenia genes. <i>Journal of Clinical Investigation</i> 113(6):1440-1448.</li> <li>• Christodoulou, G (2000). <i>Psychiatry</i>. Athens: Beta Medical Publications.</li> </ul>
Planned learning activities and teaching methods:	The course is delivered to the students by means of lectures, conducted with the help of computer-based presentations. Lecture notes and presentations are available through the web for students to use in combination with the textbooks.
Assessment methods and criteria:	<ul style="list-style-type: none"> <li>• Participation: 10%</li> <li>• Tests: 40%</li> <li>• Final Exam 50%</li> </ul>
Language of instruction:	Greek
Work placement(s):	No