

Course unit title:	Nursing Theories		
Course unit code:	NUR409.2		
Type of course unit:	Technical Elective		
Level of course unit:	Bachelor		
Year of study:	4		
Semester when the unit is delivered:	8 (Spring)		
Number of ECTS credits allocated :	3		
Name of lecturer(s):	Dr. Evanthia Asimakopoulou		
Learning outcomes of the course unit:	<ul style="list-style-type: none"> <li>• Describe the development of nursing theories.</li> <li>• Identify and interpret phenomena through theory.</li> <li>• Describe the theory of nursing science.</li> <li>• Identify the basic characteristics of each theory and the complex characteristics of nursing theories.</li> <li>• Recognize and analyze the relationship between theory, research and practice in Nursing.</li> <li>• Apply nursing theories in practice.</li> </ul>		
Mode of delivery:	Face-to-face		
Prerequisites:	None	Co-requisites:	None
Recommended optional program components:	None		
Course contents:	<ol style="list-style-type: none"> <li>1. Historical overview of nursing theories development. Theory &amp; Nursing Science.</li> <li>2. Basic and complex characteristics of nursing theories. Relationships between theory, research and practice in Nursing.</li> <li>3. Theory of Florence Nightingale</li> <li>4. Theory of Psychodynamic Nursing (H.Peplau)</li> <li>5. Theory of Need Theory (V.Henderson)</li> <li>6. Theory of Science of Unitary Human Beings (M.Rogers)</li> <li>7. Theory of Goal Attainment (I.King)</li> <li>8. Theory of Self-Care Deficit (D.Orem)</li> <li>9. Theory of Life Activities (N.Roper)</li> <li>10. Theory of Adaptation Model (C.Roy)</li> <li>11. Theory of Human Becoming (R.Parse)</li> <li>12. Disease theories</li> <li>13. Communication theories</li> </ol>		
Recommended and/or required reading:	None		
Textbooks:	EM. Wills, M. McEwen, <b>Nursing Theories</b> . (in Modern Greek), 3 <sup>rd</sup> Edition, Vita Medical Publications, Athens, 2013		
References:	<ol style="list-style-type: none"> <li>1. M. Smith, M. Parker Nursing Theories and Nursing Practice (4<sup>th</sup> Edition), 2015</li> <li>2. H. Apostolopoulou. Nursing Theories. (in Modern Greek) Athens, 1999</li> </ol>		
Planned learning activities and teaching methods:	The course teaching includes lectures, case studies and working groups in order to understand the definitions, concepts and philosophical framework of the nursing profession nature and morality. For better understanding and consolidation of the courses theory a panel is used and power point presentations.		
Assessment methods and criteria:	<ul style="list-style-type: none"> <li>• Test 40%</li> <li>• Participation 10%</li> <li>• Final Exam 50%</li> </ul>		
Language of	Greek		

instruction:	
Work placement(s):	No