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| Course unit title: | Clinical Teaching II (Basic Nursing Care II) | | |
| Course unit code: | NUR213 | | |
| Type of course unit: | Compulsory | | |
| Level of course unit: | Bachelor (1st Cycle) | | |
| Year of study: | 2 | | |
| Semester when the unit is delivered: | 3 (Fall) | | |
| Number of ECTS credits allocated : | 1 | | |
| Name of lecturer(s): | Despina Sapountzi-Krepia Ioannis Dimitrakopoulos | | |
| Learning outcomes of the course unit: | <ol style="list-style-type: none"> 1. Assess nursing care needs of patients regarding the promotion of the function of the: urinary, digestive and musculoskeletal system 2. Provide adequate nursing care for promoting the function of the urinary, digestive and musculoskeletal system 3. Discuss definitions, concepts, philosophical context of care and ways to address health problems of patients 4. Recognize the importance of: Transcultural Nursing Care, spirituality, religiosity and the important elements in providing holistic nursing care. 5. Employ the appropriate skills for assisting individuals and families in managing the disease, dealing with death - loss and the bereavement process 6. Recognize the importance of vitamins and trace elements in human nutrition, the side effects - synergies of medicines, mechanisms of gait and walking, human beings communication and stress management. 7. Report basic principles of: nutrition and hydration of human beings, intestinal and parenteral feeding, specimens collection techniques for various laboratory tests 8. Illustrate the right skills for the placement of a nasogastric tube, enemas applying, for bladder catheterization, for the enrichment of intravenous administered fluids | | |
| Mode of delivery: | Face-to-face | | |
| Prerequisites: | NUR110 | Co-requisites: | None |
| Recommended optional program components: | None | | |
| Course contents: | <p>During this course, students practice in nursing procedures and techniques learned in the courses Basic Nursing I and II, such as:</p> <ul style="list-style-type: none"> • Assessment, planning and administration of nursing care to patients with health problems of the urinary, digestive and musculoskeletal system. • Taking nursing history and patient assessment (health needs, vital signs, nutrition etc). • Providing transcultural nursing care to patients. • Assessment and administration of nursing care to people who are in the state of loss, grieving and bereavement. • Positions of patient in bed, prevention of falls and mobilization of patient. • Patient hygiene. Prevention and care of pressure ulcers. • Medication and oxygen administration • Preoperative and Postoperative Nursing Care of Patients • Intravenous cannulation and administration of IV fluids and medication. • Using IV fluid transfusion devices / managing flow settings and IV fluids enrichments. | | |

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| | <ul style="list-style-type: none"> • Administration of Levin tube (nasogastric tube) and feeding of the patient. • Providing ostomy care to patients and hyphenations. • Ureteral bladder catheterization. • Patient discharge process from the hospital. • Providing patient and family with counselling for the continuation of care after discharge. • Nursing Care Documentation. |
| Recommended and/or required reading: | None |
| Textbooks: | <ol style="list-style-type: none"> 1. P. Lemone, K. Burke, Medical-surgical nursing: critical thinking in client care (5rd ed.) (Greek Translation) Athens: Lagos Medical Editions, 2014 2. Οδηγός Ανάπτυξης Σχεδίου Νοσηλευτικής Φροντίδας. Συγγραφέας: Marilyn E. Doenges, Mary Frances Moorhouse, Alice C. Myr. Επιστημονική επιμέλεια: Ελισάβετ Πατηράκη – Κουρμπάνη. Εκδόσεις: Π.Χ. Πασχαλίδη, Αθήνα 2009. |
| References: | <ul style="list-style-type: none"> • Kelesi, M., Fasoí, G., Papageorgiou, D. (2016). Introduction in the Science of Nursing– Conceptual and Philosophical Framework. Athens: Konstantaras • Fundamentals of Nursing: The Art & Science of Nursing Care, C Taylor, C Lillis, P LeMone. (in Modern Greek) Medical Publications Paschalides Athens 2007 • Chronic Illness and Nursing Care A Holistic Approach (in Modern Greek), D Sapountzi-Krepia. Hellin Publications Athens 2004 |
| Planned learning activities and teaching methods: | In clinical practice, demonstrations and supervised (by clinical instructors) nursing interventions applications are used. |
| Assessment methods and criteria: | <p>Continuous Assessment 100%</p> <p><i>(Presence is compulsory for all students, absences of up to 15% are replenished, and beyond this percentage the student fails the entire course. Students must succeed a continuous assessment of at least 50%, otherwise the student fails the entire course.)</i></p> |
| Language of instruction: | Greek |
| Work placement(s): | Yes |