

Course Title	Psychiatry				
Course Code	NURS302				
Course Type	Compulsory				
Level	BSc (Level 1)				
Year / Semester	3 rd / Spring				
Instructor's Name	Dr. Constantinos Zampas				
ECTS	4	Lectures / week	2	Laboratories / week	
Course Purpose	The purpose of the course is the presentation of important topics in the field of Psychiatry such as those of mental health and illness. In addition, the course will familiarize students with the main tools and skills for addressing and dealing with the mentally patient, as well as provide students with appropriate interpersonal techniques.				
Learning Outcomes	<ul style="list-style-type: none"> - Describe, address and deal with mental health problems - Describe the interpersonal skills required to achieve effective cooperation and communication with the support team - Describe the necessary techniques required in order to work in a multidisciplinary team responding to the needs of patients, to participate in individualized programs of care, working in collaboration with the patient, their care givers and their families - State the assistance needed for a patient to maintain his dignity and to act with confidentiality - List the appropriate counseling skills - Identify the emotional support, the specific counseling and the interventions needed for a patient 				
Prerequisites	None	Required	None		
Course Content	<ul style="list-style-type: none"> - Introduction to the science of Psychiatry: The milestones in the history of Psychiatry. Definitions and principles of psychiatry. Elements and techniques of therapeutic communication. Basic principles of making clinical interview - Anxiety disorders: The nature and the types of anxiety disorders. Symptoms, differential diagnosis and treatment - Psychotic disorders: Clinical description of schizophrenic psychosis. Epidemiology, pathogenesis and types. Therapeutic approaches, psychotropic drugs and side effects. Psychosocial intervention, psychotherapy - Affective disorders: Characteristics of bipolar disorder and depression. Therapeutic interventions. Types of depression - Organic brain syndrome and psychoses: Causes and symptoms. Organic brain syndrome from toxic substances abuse 				

	<ul style="list-style-type: none"> - Personality disorders: Types, characteristics and therapeutic approaches. - Community Psychiatry-Units of outpatient care: Community psychiatric services. The Center for Mental Health. Social support systems. Mentally ill patients rehabilitation
<p>Teaching Methodology</p>	<p>The course is delivered to the students through lectures, using computer-based presentations programmes. Case Studies, Discussion, Questions / Answers are also used depending on the content of the lecture. Lecture notes and presentations are available online for use by students in combination with textbooks. Relevant material published in international scientific journals are also used to follow the latest developments related to the subject of the course.</p>
<p>Bibliography</p>	<p>(a) <u>Textbooks:</u></p> <p>Fountoulakis, K. N. (2022). Psychiatry: From Its Historical and Philosophical Roots to the Modern Face.</p> <p>Fountoulakis, K. N. (2022). Psychiatry: The State of the Art. In <i>Psychiatry</i> (pp. 445-467). Springer, Cham.</p> <p>(b) <u>References:</u></p> <p>Falissard, B., Benoit, L., & Martin, A. (2022). Qualitative methods in child and adolescent psychiatry: the time has come. <i>European Child & Adolescent Psychiatry</i>, 1-4.</p> <p>Fountoulakis, K. N. (2022). Introduction to the Relation Between Psychiatry and Philosophy. In <i>Psychiatry</i> (pp. 329-332). Springer, Cham.</p> <p>Heginbotham, C. (2021). Philosophy, psychiatry and personal identity: Clinics, concepts and philosophy of psychopathy. In <i>Philosophy, Psychiatry and Psychopathy</i> (pp. 1-11). Routledge.</p> <p>Li, M. G., & Garcia-Pittman, E. C. (2022). Association Between Psychological Interventions and Chronic Pain Outcomes in Older Adults: A Systematic Review and Meta-Analysis. <i>Essential Reviews in Geriatric Psychiatry</i>, 267-271.</p> <p><i>Through the services of the university library, access is provided to electronic repositories of scientific journals and articles, indicatively ProQuest, Cambridge University Press and Science Direct with thousands of scientific journals in the fields of health sciences.</i></p>
<p>Assessment</p>	<p>The assessment of this course consists of the coursework (midterm exam, class participation) and final exam.</p> <p>Mid-Term Exam: 40%. A written midterm exam will be comprised by multiple choice questions, short answer and open questions.</p> <p>Student Participation: 10%. The class participation includes formative assessments with interactive problem solving questions.</p> <p>Written Final Exam: 50%. A written final exam will be comprised by multiple choice questions, short answer and open questions.</p>



Language	Greek / English
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