



Academic Personnel Short Profile / Short CV

University:	Frederick University
Surname:	Lionis
Name:	Christos
Rank/Position:	Visiting Professor
School:	Health Sciences
Department:	Nursing
Scientific Domain:	

Academic qualifications				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Certification of Medical Doctor	1973-1976	University of Athens Medical School		
Certification of Internal Medicine Specialty	1986	Ministry of Health		
Certification of Social Medicine Specialty	1989	Ministry of Health		
Sabbatical Primary Health Care	1988-1990 (in periods)	Lund University, Sweden		
Sabbatical – Primary health Care	1999-2000	University of Linkoping, Sweden		
Professor	2009-present	University of Crete, Medical School		
Professor	2018	Department of Medical and Health Sciences, University of Linkoping, Sweden		

Employment history in Academic Institutions/Research Centers				
Period of employment		Employer	Location	Position
From	To			
2013	Present	Frederick University	Nicosia, Cyprus	Visiting Professor
1995	present	University of Crete, Faculty of Medicine	Heraklion	Professor of General Practice and Primary Health Care,
1995	present	University of Crete, Faculty of Medicine	Heraklion	Director of the Clinic of Social and Family Medicine,

Key refereed journal papers, monographs, books, conference publications etc.						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2019	Lifestyle, anthropometric, socio-demographic and perinatal correlates of early adolescence hypertension: The Healthy Growth Study.	Manios Y, Karatzi K, Moschonis G, Ioannou G, Androutsos O, Lionis C , Chrousos G.	Nutr Metab Cardiovasc Dis	29	159-169
2	2018	Family Practice Research in low-resource settings: what we have missed and what we have to know.	Lionis C , Anastasaki M.	Fam Pract		
3	2018	Towards evidence-informed integration of public health and primary health care: experiences from Crete	Lionis C, Petelos E, Papadakis S, Tsiligianni I, Anastasaki M, Angelaki A, Bertias A, Mechili EA, Papadakaki M, Sifaki-Pistolla D, Symvoulakis E	PUBLIC HEALTH PANORAMA	4	491-735
4	2018	Development and evaluation of a web-based capacity building course in the EUR-HUMAN project to support primary health care	Jirovsky E, Hoffmann K, Mayrhuber EA, Mechili EA, Angelaki A, Sifaki-Pistolla D, Petelos E, van den Muijsenbergh M, van	Glob Health Action.	11	1547080

		professionals in the provision of high-quality care for refugees and migrants.	Loenen T, Dückers M, Kolozsvári LR, Rurik I, Rotar Pavlič D, Sandoval DC, Borgioli G, Pinilla MJC, Ajduković D, De Graaf P, van Ginneken N, Dowrick C, Lionis C.			
5	2019	The Cretan Aging Cohort: Cohort Description and Burden of Dementia and Mild Cognitive Impairment.	Zaganas IV, Simos P, Basta M, Kapetanaki S, Panagiotakis S, Koutentaki I, Fountoulakis N, Bertsias A, Duijker G, Tziraki C, Scarmeas N, Plaitakis A, Boumpas D, Lionis C, Vgontzas AN.	Am J Alzheimers Dis Other Demen.	34	23-33

Research Projects				
Ref. Number	Date	Title	Funded by	Project Role
1	1 January 2019 - 31 December 2021	Evidence-Based Guidance to Scale-up Integrated Care in Europe — VIGOUR'	European Commission	Partner
2	1 September 2017 to 31 December 2017	"Patient Perspective of Very Brief Advice (VBA)"	National Center for Smoking Cessation, United Kingdom	Project Coordinator
3	"European Refugees - Human Movement and Advisory Network (EUR-HUMAN)"	"European Refugees - Human Movement and Advisory Network (EUR-HUMAN)"	European Commission	Project Coordinator
4	1 October 2015- 30 September 2018	"Free Respiratory Evaluation and Smoke-exposure reduction by primary Health Care Integrated Groups (FRESH AIR)"	European Commission	Partner
5	1 December 2015- 31 October 2018	"Antivirals for influenza Like Illness? An RCT of Clinical and Cost Study Title: ALIC4E"	THE CHANCELLOR, MASTERS AND SCHOLARS OF THE UNIVERSITY OF OXFORD	Partner

6	01 Dec 2009 – 30 Nov 2011	“Assessing the Over-The-Counter Medications In Primary Care And Translating The Theory Of Planned Behaviour Into Interventions (OTC)”	European Commission	Project Coordinator
7	01 March 2010 – 30 November 2015	"Translational Research And Patient Safety in Europe (TRANSFORM)"	European Commission	Partner
8	01 August 2011 – 01 August 2016	“Quality and Costs of Primary care in Europe (QUALICOPC)”	STICHTING NEDERLANDS INSTITUUT VOOR ONDERZOEK VAN DE GEZONDHEIDSZORG (NIVEL)	Partner
9	01 April 2011 – 30 April 2015	"REsearch into implementation STRategies to support patients of different ORigins and language (RESTORE)"	European Commission	Partner
10	1 January 2012- 31 December 2015	"Self-care Support for People with Long Term Conditions, Diabetes and Heart Disease: A Whole System Approach (EU-WISE)"	European Commission	Partner

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2016-present	WONCA, Working Party on Mental Health	Vice Chairman	
2	2006-2018	WONCA, Working Party on Research	Member	
3	2005-2017	International Federation of Practice based Research Network (IFPCRN)	Member	
4	2003-2007	European Society of General Practice/Family	Executive Board Member	

		Medicine (WONCA Europe)		
5	2003-2007	Vice Chairman of the European General Practice Research Network (EGPRN)	Member	
6	2006-present	European Primary Care Cardiology Society (EPCCS)	Executive Board Member	
7	2014-2018	<i>Journal of Compassionate Health Care</i>	Co-editor in chief	
8	2013-present	<i>BMC Family Practice</i>	Section Editor του Editorial Board	
9	1998-present	European Society for Primary Care Gastroenterology (ESPCG)	Executive Board Member	

Awards / International Recognition

Ref. Number	Date	Title	Awarded by:
1	2017	Honorary Fellowship	European Society of Cardiology
2	2016	Honorary Fellowship	WONCA
3	2014	Honorary Member	Romanian Society of Family Medicine
4	2009	Honorary Fellowship	Royal College of General Practitioners (RCGP)

Other Achievements

Ref. Number	Date	Title	Key Activities:
1		Βραβείο καλύτερης εργασίας στο 14ο συνέδριο ΕΣΔΥ με τίτλο «Μετεγγραφοντας εμπειρίες ερευνητικών και αναπτυξιακών προγραμμάτων σε εργαλεία για τη βελτίωση της ποιότητας των υπηρεσιών Πρωτοβάθμιας Φροντίδας Υγείας». Athens, December	

		2018	
2		<p>Διάκριση του Ευρωπαϊκού συνεργατικού προγράμματος που συντονίστηκε τον περασμένο χρόνο (2016) από την Κλινική Κοινωνικής και Οικογενειακής Ιατρικής με τίτλο: EUR-HUMAN. Το πρόγραμμα αυτό συμπεριλήφθηκε ανάμεσα στα έξι πρώτα στο «European Health Award 2017» της Ευρωπαϊκής Συμμαχίας για τη Δημόσια Υγεία (European Public Health Alliance: EPHA, https://epha.org), το οποίο πρόσφατα διεξάχθηκε στο πλαίσιο του European Health Forum Gastein (περισσότερες πληροφορίες μπορείτε να βρείτε στο παρακάτω σύνδεσμο: https://www.ehfg.org/projects-events/european-health-award/).</p>	
3		<p>Βράβευση μιας κλινικής δοκιμής που υλοποιήθηκε στην Ιατρική Σχολή κατά τα έτη 2013-2014 (G.Duijker, A.Bertsias, E.K.Symvoulakis, J.Moschandreas, N.Malliaraki, S.P.Derdas, G.K.Tsikalas, H.E.Katerinopoulos, S.A.Pirintzos, G.Sourvinos, E.Castanas, C. Lionis. Reporting effectiveness of an extract of three traditional Cretan herbs on upper respiratory tract infection: Results from a double-blind randomized controlled trial, 2015) και έλαβε το τρίτο βραβείο (Bronze) στο διαγωνισμό Healthcare Business Awards 2017, http://www.healthcareawards.gr.</p>	
4		<p>Βραβείο καλύτερης εργασίας στο 18ο Παγκρήτιο Ιατρικό Συνέδριο με τίτλο: «Η Γεω-επιδημιολογία του καρκίνου στην Κρήτη: Υφιστάμενη κατάσταση και πρόβλεψη της μελλοντικής διακύμανσης», Ρέθυμνο, 4 Νοεμβρίου 2016.</p>	
5		<p>Βραβείο καλύτερης εργασίας στο 11ο συνέδριο ΕΣΔΥ με τίτλο «Αξιολόγηση της ποιότητας των υπηρεσιών παροχής πρωτοβάθμιας φροντίδας υγείας: Η Ευρωπαϊκή Μελέτη QUALICOPC. Athens, December 2015</p>	
6		<p>Βραβείο Μερόπης Βιολάκη για την καλύτερη ελεύθερη ανακοίνωση στο 10ο Πανελλήνιο Συνεδρίο Δημόσιας Υγείας & Υπηρεσιών Υγείας με τίτλο: «Υπολογιζόμενο κόστος ερπητα ζωστήρα στην Ελλάδα και δυνητικό οφέλος εμβολιασμού». Μ. Συγγραφείς: Παπαδακάκη, Ι. Τσιαούση, Γ. Τρίμης, Σ. Μπερσίμης, Κ. Σουλιώτης, Χ. Λιονής. (δημοσίευση υπ' αρ. 34 στον κατάλογο των Δημοσιεύσεων στα ελληνικά περιοδικά), Μάρτιος 2014</p>	
7		<p>Award for best poster presenter in the 6th Annual Scientific Meeting of EPCCS, London, 5-6 September 2013. Title: «The impact of the economical crisis in the use of medication in CVD». Authors: I. Tsiligianni, P. Papadokostakis, D. Prokopiadou, I. Stefanaki, N. Tsakountakis, C. Lionis.</p>	