



Academic Personnel Short Profile / Short CV

University:	Frederick University
Surname:	Psyllou
Name:	Agoritsa
Rank/Position:	Collaborating Academic Staff
School:	Education and Social Sciences
Department:	Education
Scientific Domain:	School Psychology

Academic qualifications

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD in Educational Psychology	2014	University of Thessaly, Greece,	Department of Pre School Education	Construction, implementation and Evaluation of emotional resilience: a CBT programme in primary schools in Greece
MSc in School Psychology	2004	National & Kapodistrian University of Athens, Greece,	Department of Philosophy, Pedagogy & Psychology	Recording the native & foreigner students' needs and notions before the application of a preventive programme in primary school children
Bachelor in the Faculty of Philosophy, Pedagogy & Psychology	1998	University of Ioannina, Greece	Department of Philosophy, Pedagogy & Psychology	
PhD in Educational Psychology	2014	University of Thessaly, Greece,	Department of Pre School Education	Construction, implementation and Evaluation of emotional resilience: a CBT programme in primary schools in Greece

Employment history in Academic Institutions/Research Centers

Period of employment		Employer	Location	Position
From	To			
2016	2018	Frederick University	Cyprus	Collaborating Academic Staff
2008	2019	Ministry of Education of Greece	Special Education School in Thessaloniki, Greece	Special Education Teacher
2015	2018	School of Pedagogical and Technological Education, (ASPETE),	Volos/ Thessaloniki, Greece	Lecturer

Key refereed journal papers, monographs, books, conference publications etc.

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2015	Addressing emotional difficulties of primary school children with the use of a primary intervention program	Psyllou Agoritsa , Evi Chryssafidou , Zafiropoulou Maria	International Journal of school and Cognitive Psychology	, 2: 137	1-11
2	2018	A systematic review: interventions taken in the United Kingdom and Ireland to improve employability of young people with complex needs	Angie Hart Agoritsa Psyllou, Suna Eryigit-Madzwamuse, Becky Heaver, Anne Rathbone, Simon Duncan, Pauline Wigglesworth	British Journal of Guidance & Counselling	in press	
3	2012	Friends....how can we deal with our negative feelings	R. Psyllou –M. Zafiropoulou	Pedion Publications, Athens		120
4	2006	Let's build your character together	Zafiropoulou Maria, Psyllou Ritsa	Ellinika Grammata Publications, Athens		39
5	2012	The promotion of emotional resilience in school by the use of cognitive - behavioral approach",A. Psyllou In: Children's & adolescents' potentials and difficulties –	Maria Zafiropoulou Argyroula Angelosopoulou, Penelope-Alexia Avagianou, Fay Gkaragkouni - Araiou, Christina Roussi – Vergou	Pedion Publications, Athens		185-207

		Cognitive, behavioral approaches				
6	2011	Friends....how can we deal with our negative feelings”, R. Psyllou –M. Zafiropoulou., In: From vulnerability to psychological resilience: Applications within the school and the family,	Editor Anastasios Matsopoulos.	1st Edition: Papazisis Educations		15
7	2017	Young people with complex needs’ transition into work: A resilience perspective on policy initiatives towards employability	Angie Hart, Agoritsa Psyllou, Suna Erygit-Madwazmuse, Becky Heaver, Anne Rathbone, Simon Duncan and Pauline Wigglesworth	Young people with complex needs’ transition into work: A resilience perspective on policy initiatives towards employability Krakow STYLE GAPC MEETING University of Economics, Krakow.		
8	2016	Post-traumatic stress and the economic crisis in Greece	Sochos, A. & Psillou, R	3rd Annual International Conference on Social Sciences, Athens		
9	2015, December	Prevention, emotional resilience and group programs: Cognitive Behavioural approach	Psyllou R.	Sismanoglio Hospital of Athens, Department of Children and Adolescent Psychiatry, Athens, Greece		
10	2015, November	Psycho-education to promote resilience: Strengthening pupils’ mental health with the use of cognitive behavioral therapy by attending primary schools in the urban centre	Psyllou R., Zafiropoulou M.	1st Pan-hellenic Conference of School Psychology, Athens, Greece		
11	2013, April	Dealing with emotionally difficulties of elementary	Psyllou R., Zafiropoulou M	3rd Pan-hellenic Conference of		

		school children by applying a primary intervention program		Special Education with International Participation - "Dilemmas and Perspectives in Special Education", Athens, Greece		
12	2013, April	Confronting students' difficulties in public sector services- the case of Public Centers for Differential Diagnosis and Support- K.E.D.D.Y.,	Psyllou R., Zafiropoulou M	3rd Pan-hellenic Conference of Special Education with International Participation - "Dilemmas and Perspectives in Special Education", Athens, Greece.	12	2013, April

Research Projects				
Ref. Number	Date	Title	Funded by	Project Role
1	July – August (2016, 2017, 2018)	The study of people with complex needs and employability in relation to the development of elements of resilience (project leader: A. Hart).	University of Brighton	Visiting Researcher
2	February 2013 – JUNE 2013	«Social traumatisation, social cohesion, and bonds with the national group: Exploring the dynamics of the Greek crisis» in collaboration with Research Centre for Applied Psychology, University of Bedfordshire (project leader: A. Sochos).	University of Bedfordshire	Research Assistant
3	2005-2006	«Women in a single-parent position role: stress assessment and the development, implementation and evaluation of a multilevel intervention program for the	University of Thessaly, Department of PreSchool Education	Research assistant

		support of mothers», - Project: PYTHAGORAS II.		
4	2003- 2005	“Node development for the Secondary Processing and Management of Socio-Economic Data and Indicators”.	National Centre for Social Research (EKKE), Greece	Research Assistant
5	2004	«Procedures of Integrating Young People in the Labour Market: The Case of Social Science University Graduates”.	National Centre for Social Research (EKKE), Greece	Research Assistant