



Academic Personnel Short Profile / Short CV

University:	Frederick University
Surname:	BALASOPOULOU
Name:	ANASTASIA
Rank/Position:	Collaborating Academic Staff/ Special Teaching Staff
School:	Health Sciences,
Department:	MSc in Health Management
Scientific Domain:	Health services Financial Management, Health services Organizational management

Academic qualifications

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	On going	Polytechnic School, Dimokreteion University	Production Engineering	“The impact of Lean Management on Hospital’s Organizational culture”
MSc	1997	London School of Economics and Political Science (LSE)	Operational Research Dpt.	“The manager’s perspective on a simulation model of CAD in UMDS and Guy’s and St. Thomas Hospital Trust»
MSc	1991	National School of Public Health, Athens	Health Services Management (former Hospital Managers Dpt.)	“Modelling the Hospitals’ reimbursement System in Greece”
Bachelor (Basic Degree)	1986	Athens University for Economic and Business (AUEB)	Business Administration	-

Employment history in Academic Institutions/Research Centers

Period of employment		Employer	Location	Position
From	To			
2017	Today	Frederick University	Cyprus	Collaborating Academic Staff/ Special Teaching Staff
2020	Today	1 st Health Region	Athens, Greece	Director of the Public Health Division
May 2016	2019	“Hippocraton” Hospital	Athens, Greece	C.E.O.
November 2013	May 2015	W.H.O - GIZ	Athens, Greece	Hospital management Expert
December 2006	May 2016	National school of Public Health (N.S.P.H.)	Athens, Greece	Member of Scientific staff

Key refereed journal papers, monographs, books, conference publications etc.

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2016	«Change Management Tools – Handbook - SIMPATHY»	Neil Stewart, Alpana Mair, Birgitt Wiese, Mary Geitona, Demi Latsou, Nils Michael	Final deliverable for SIMPATHY European program on Polypharmacy management SIMPATHY site		
2	2011	“Best Practices and Benchmarking: Methodology and Techniques” Workshop on the subject “Benchmarking” for the 3rd Regional Health System Hospitals	Mpoursanidis Christos	Working paper, for the 3rd Health System		
3	2009	“Decision Making: the old and the New Paradigm” Teaching notes, NSPH Master’s Program	No other authors	N.S.P.H. Library		
4	2008	“Modeling Hospitals’ Operational	No other authors	N.S.P.H. Library		

Capacity –KPIs –Time management methods “
H.S.P.H. training program, action 2.5.

Exhibitions

Ref. Number	Date	Topic	International / Local	Location	Role in Exhibition
1	9th/2018	Η Διαχείριση των Νοσοκομειακών Προϋπολογισμών	Local/ Forum for Health Economics and Policies	Drama, Greece	Speaker
2	10ος /2017	«Διασύνδεση Νοσοκομειακής και Εξω-νοσοκομειακής Φροντίδας», 10ο Συνέδριο ΕΚΕ (Ελληνική Καρδιολογική Εταιρεία)	Local	Athens	Speaker
3	4ος/2017	Κοστολόγηση και Τιμολόγηση Νοσοκομειακών Υπηρεσιών, ως εργαλείο για την αποδοτική λειτουργία των νοσοκομείων	Local	Alexandroupolis	Speaker
4	12ος/2016	"DRGs και Προϋπολογισμός κατά Τμήμα, ως εργαλεία συντονισμού του Οικονομικού Management στο Νοσοκομείο"	Local _N.SP.H_ 12th Conference	Athens	Speaker
5	11ος /2016	«Risk Management και Clinical Governance για την Ασφάλεια Ασθενών»	Local _N.SP.H	Athens	Key Speaker
6	6th / 2015	«Το Νοσοκομείο ως Νομική και Οικονομική οντότητα: επιχειρώντας στο δίπολο Αξιοπιστίας Υπηρεσιών και Βιωσιμότητα»	International/ 9th conference of "Hop[ital Management Scientific Center"	Athens	Speaker/ Organizer
7	6th /2013	«Different practices for two major issues in the OR in Greek tertiary Hospitals: the time between operations and the consignment of expensive devices and medical products as	International/ EHMA Annual Congress	Milan	EHMA Annual Congress, Bern, 2012

		cases of Lean Management”			
8	6th/2012	«DRGs και management νοσοκομείων: από απλό σύστημα αποζημίωσης, σε σύστημα εσωτερικού συντονισμού του νοσοκομείου»	International/ 6th conference of “Hospital Management Scientific Center”	Athens	Speaker/ Organizer
9	6th/ 2012	Quality of Service and Quality of Consumables and Medical Devices: who pays and how the De-Centralized vs Centralized procurement process can support Patient Safety?”	International/ EHMA Annual Congress	Bern	EHMA Annual Congress, Bern, 2012
10	6th/2007	“The Power Game in Greek Public Hospitals”	International/ EHMA Annual Congress	Athens	Speaker

Research Projects				
Ref. Number	Date	Title	Funded by	Project Role
1	2015-2017	SIMPATY (Stimulating Innovation Management of Polypharmacy and Adherence in the Elderly) - “WP5 Change management”	EU	Change Management Expert
2	2015	Hospital Management	WHO	Consultant
3	2006-2017	Organization of conferences of the Scientific Center for Hospital Management	Centrum fur Krankenhaus Management (CKM)	Consultant
4	2006-2017	Financing study (DRGs), service quality and process redesign Participation in Transitional Countries Network, Women's Leadership in Health Care	European Health Management Association (EHMA)	Consultant
5	1997	Study of the expansion and / or generalization of the use of new diagnostic	Guy's and St. Thomas' Hospital	Consultant

		technologies (PET, SPECT) for the diagnosis of cardiac problems using a simulation model.	Trust	
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