



Academic Personnel Short Profile

University:	Frederick University
Reg. ID:*	859
Surname:	Antoniades
Name:	Orestis
Rank:	Visiting Lecturer
School:	Education and Social Sciences
Department:	Education
Scientific Domain:**	Track and Field / Exercise, fitness and Health

**Registration ID as provided by the University*

*** Field of Specialization*

Academic qualifications (list by highest qualification)

Qualification	Year	Awarding Institution	Department	Thesis title
BSc in Physical Education and Sport Science	2005 - 2009	Aristotle University of Thessaloniki	Department of Physical Education & Sport Science	Physical Education & Sport Science
MSc in Physical Education and Sport Science	2009 - 2011	Democritus University of Thrace	Department of Physical Education & Sport Science	Clinical Exercise Physiology: Prevention, Intervention, Rehabilitation Division
PhD (candidate) in Physical Education and Sport Science	2011 - today	Democritus University of Thrace	Department of Physical Education & Sport Science	Clinical Exercise Physiology:

Employment history–List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
October 2015	Today	University of Cyprus	Nicosia	External Special Scientist
October 2014	Today	European University Cyprus	Nicosia	External Special Scientist
September 2014	Today	Gymnastic Club Olympia	Limassol	Coach in Athletics (Discus Throwing)

Key *refereed* journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected (total 10)

Ref. Number	Year	Title	Other authors	Journal/Conference/Publisher	Vol.	Pages
1	2016	Prevalence of hypertension and determinants of cardiac function in overweight and obese children and adolescents.	Antoniades O. , Douda H.T., Papazoglou D. & Tokmakidis S.P.	The Journal of Physical Activity, Nutrition & Rehabilitation http://www.panr.com.cy/?p=1366	2	1-12
2	2014	The immediate adaptations to aerobic exercise of the cardiovascular function of overweight/obese pre-pubertal children	Antoniades O.G. , Douda H.T., Papazoglou D.A., & Tokmakidis S.P.	Archives of Hellenic Medicine	31(4)	477-486
3	2014	Factors affecting cardiovascular function of overweight /obese children aged 9-14 yrs old	Antoniades O.G. , Douda H.T., Papazoglou D.A., & Tokmakidis S.P.	Archives of Hellenic Medicine	31(3)	316-326
4	2013	The effect of type of exercise on	Antoniades O. & H. Douda	Heart and Vessels	18(1)	53-55

		post-exercise hypotension				
5	2018	Hemodynamic responses of overweight and obese children after the application of aerobic and muscle strength exercise programs	Antoniades Or. , Douda H., Spassis A., Smilios I., & S. Tokmakidis1	Proceedings of the 12 th Congress of Hellenic Medical Association of Obesity, 1-3 March, Athens		P15
6	2017	The effect of exercise on Metabolic Syndrome indicators in pre-pubertal children	Antoniades Or. , Douda H., Spassis A., Smilios I., & S. Tokmakidis1	Proceedings of the 25 th International Congress of Physical Education & Sport, Komotini, 19-21 of May	-	83-87
7	2016	Ankle-brachial index and cardiac function of overweight and obese pre-pubertal and adolescents children	Antoniades O.G. , Douda H.T., Papazoglou D.A., & Tokmakidis S.P.	Proceedings of the 19 th International Congress of Physical Education and Sports of the Northern Greece Physical Education Teachers Association (EGVE), 8-10 March, Thessaloniki	-	71-74
8	2015	The effects of alternative types of exercise in body composition and cardiovascular function of adult women	Ioannides P., Antoniades O. , Douda H., Mavromatis G., & Tokmakidis S.	Proceedings of the 18 th International Congress of Physical Education and Sports of the Northern Greece Physical Education Teachers Association (EGVE), 27-29 March, Thessaloniki	35(1)	118-121
9	2015	The increased body mass index affects the cardiovascular endurance and the physical fitness of children aged 6-12 years old.	Antoniades O.G. , Papoulias G., Douda H.T., Spassis A., & Tokmakidis S.P.	Proceedings of the 19 th International Congress of Physical Education and Sports of the Northern Greece Physical Education Teachers Association (EGVE), 8-10 March,	-	108-111

				Thessaloniki		
10	2014	Relationship among cardiovascular function, obesity indicators and physical fitness of overweight and obese children aged 8 to 12 years old	Antoniades O.G., Douda H.T., Spassis A., Papazoglou D.A., & Tokmakidis S.P.	Proceedings of the 22 nd International Congress of Physical Education & Sport, Komotini, 9-11 of May		123-127