

Academic Personnel Short Profile / Short CV

University:	Frederick University
Surname:	Papadopoulos
Name:	Emmanouil
Rank/Position:	Associate Professor
School:	Health Sciences
Department:	Life And Health Sciences
Scientific Domain:	Musculoskeletal Physiotherapy

Academic qualifications

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Physiotherapy Diploma	1989	TEI of Athens	Physiotherapy	Idiopathic Scoliosis
MSc in Rehabilitation Studies	1994	University of Southampton, UK	MEDICINE	A Clinical study on the Therapeutic Efficacy of Low Level Laser Therapy
PhD in Exercise Physiology and Sports Physiotherapy	2006	National and Kapodistrian University of Athens	Sports Science and Physical Education	Functional assessment of the ankle joint in different ankle brace application pressures

Employment history in Academic Institutions/Research Centers

Period of employment		Employer	Location	Position
From	To			
21/09/1995	30/06/1996	TEI of Lamia	Lamia, Greece	Part time Lecturer

17/03/1997	05/07/2007	TEI of Athens	Athens, Greece	Part time Lecturer
01/10/2009	30/06/2023	National and Kapodistrian University of Athens	Athens, Greece	Part time Lecturer
01/10/2018	30/06/2023	National and Kapodistrian University of Athens	Athens, Greece	Part time Lecturer
01/10/2014	30/06/2017	AKMI METROPOLITAN COLLEGE	Athens, Greece	Module Leader and Senior Lecturer
15/06/2023	Current	FREDERICK UNIVERSITY	Limassol, Cyprus	Associate Professor, BSc Physiotherapy course Co-ordinator

Key refereed journal papers, monographs, books, conference publications etc.						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2024	Physiotherapy in covid-19. A case study of a patient with a long icu stay, <i>Hospital Chronicles</i>	Alexandros Kouvarakos , Irimi Patsaki, Ilda Vako, Dimitris Zervakis , Anastasia Kotanidou MD	Hospital Chronicles	In Press	
2	2022	State Hospital Health Care Service: where does physiotherapy stand?	No	Health & Research Journal	8(1)	1-3
3	2020	The combination of inspiratory muscle training and high flow nasal cannula oxygen therapy for promoting weaning outcomes in difficult to wean patients. Protocol for a randomized control trial.	Irimi Patsaki, Anna Christakou	ERJ Open Research	6(3)	1-6
4	2020	The Role of Ultrasound Therapy in the Management of Musculoskeletal Soft Tissue Pain	Mani R.	<i>The International Journal of Lower Extremity Wounds</i>	19(4)	350-358
5	2020	The Effect of Pressure Garments on the	Christakou A.	<i>The International</i>	20(1)	NP1–

		Prevention and Management of Chronic Scars, <i>The International Journal of Lower Extremity Wounds</i>		<i>Journal of Lower Extremity Wounds</i>		NP18
6	2020	Physiotherapy in a Burn Patient in intensive care unit	Irini Patsaki, Antonios Kyriakopoulos, Martha Katartzi, Vasiliki Markaki and	Hospital Chronicles	15(1)	10-13
7	2019	Symptomatic heterotopic ossification: incidence and risk factors of a musculoskeletal complication in a general Intensive Care Unit,	Anna Christakou, Maria Alimatiri, Eirini Patsaki, Alexandros Kouvarakos	<i>Health and Research Journal,</i>	5(2)	66-76
8	2019	Patient operated for an intraparenchymal brain tumor with serious lower limb weakness. The role of in-hospital physiotherapy	Andreas Batzakis , Martha Katartzi, Irini Patsaki, Anna Christakou, Stefanos Korfias	Hospital Chronicles	13(1-4)	32-35
9	2017	Effect of neuromuscular stimulation and individualized rehabilitation on muscle strength in Intensive Care Unit survivors: A randomized trial.	Irini Patsaki, Vasiliki Gerovasili, Georgios Sidiras, , Serafim Nanas	<i>Journal of Critical Care</i>	40	76-82
10	2013	Therapeutic applications of neuromuscular electrical stimulation in intensive care.	Patsaki I., Christakou A., Nanas S	Hospital Chronicles	3	112-119
11	2013	The effectiveness of Inspiratory Muscle Training in Weaning Critically ill patients from mechanical ventilation.	Patsaki I., Sidiras G., Christakou A., Kouvarakos A., Markaki V.	Hospital Chronicles	8(2)	86-90
12	2013	Functional Assessment Measures in a General Intensive Care Unit, Hospital Chronicles	Christakou A., , Patsaki E., Sidiras G., Nanas S., (2013)	Hospital Chronicles	8(4)	164-170
13	2013	Wireless Electrical Stimulation. An innovative Powerful Tool for the treatment of a Complicated Chronic Ulcer,	Castana O., Dimitrouli A., Argyrakos T., Theodorakopoulou E., Poulas K.	The International Journal of Lower Extremity Wounds	12 (1)	18-21
14	2012	Short and long term outcomes of ICU acquired weakness,	G. Sidiras, V. Gerovasili, I. Patsaki, L. Karatzanos, V. S. Nanas	Health Science Journal	7(3)	188-200
15	2012	Electrical Muscle Stimulation: An Effective Form of Exercise and Early	E. Karatzanos, V. Gerovasili, D. Zervakis, S.	Critical Care Research and	2012	1-8

		Mobilization to Preserve Muscle Strength in Critically Ill Patients	Nanas	Practice,		
16	2012	Clinical application of wireless microcurrent electrical stimulation for wound healing	Castana Ourania, Aekaterini Dimitrouli, Poulas Konstantinos.	Wound Repair and Regeneration, 22nd Annual Meeting of the European Tissue Repair Society		
	2012	The role of Physiotherapy in the prevention and treatment of pressure ulcers (Book Chapter)	Kouvarakos, A, Nanas S,	In: Evidence Based Physiotherapy, Maggina N, Hellenic Society of Intensive Care Medicine, 2012		
	2011	Early Mobilization and Rehabilitation after Intensive Care, (Book Author)	Gerovasili V, Nanas S	Gamma Publications, Athens		
17	2011	Early mobilization and rehabilitation after intensive care	Patsaki I, Nanas S	Hospital Chronicles	73/S2	362-374
		Polyneuromyopathy of the critical care patient In: Koroneos, A, Zervakis, D. and Nanas S. In: Clinical Intensive Care-Current Management, (Chapter Author)	Gerovasili V, Stamatakis G, Nanas S.	Clinical Intensive Care-Current Management		161-176
	2009	Physiotherapy in Intensive Care, In: Roussos Ch.Intensive Care (Chapter Author)	-	Paschalidis Publications, Athens		
18	2008	The 2004 Paralympic Games: Physiotherapy Services in the ParalympicVillage Polyclinic	Spyridon Athanasopoulos, Dimitris Mandalidis	The Open Sports Medicine Journal	2	85-92
17	2008	Eversion and inversion muscle group peak torque in hyper-pronated and normal individuals	Karatsolis, C., Nicolopoulos S.N., Athanasopoulos, S.	The Foot	19(1)	29-35
19	2008	The effect of different skin-ankle brace application pressures with and without shoes on single-limb balance, electromyographic activation onset and peroneal reaction time of lower limb	Nikolopoulos,S. Athanasopoulos	The Foot	18(4)	228-236

		muscles				
20	2007	The effect of different skin-ankle brace application pressures on quiet single-limb balance and electromyographic activation onset of lower limb muscles	Nikolopoulos, C., Badekas N., Vagenas, G. Papadakis, S.A. and Athanasopoulos, S.	BMC Musculoskeletal Disorders,	8(89)	1-8
21	2007	The effect of different ankle brace–skin interface application pressures on the electromyographic peroneus longus reaction time.	C. Nicolopoulos,A. Baldoukas, E.G. AndersonandS. Athanasopoulos(2005)	The Foot	15(4)	175-179
22	2005	The role of ankle bracing in injury prevention, athletic performance and neuromuscular control. A review of the literature.	C. Nikolopoulos E.G. Anderson and S. Athanasopoulos	The Foot	15(1)	1-6
23	1996	Low Level Laser Therapy does not aid the management of Tennis Elbow	Smith RW, Cawley MID and Mani R.	Clinical Rehabilitation,	10	9-11
24	1994	Abnormal microvascular responses in lateral epicondylitis	Smith RW, , Mani R, Cawley MID	The British Journal of Rheumatology	33	1166-1168

Research Projects				
Ref. Number	Date	Title	Funded by	Project Role
1	2010	The effect of Neuromuscular Electrical Muscle Stimulation as a preventive measure for Intensive Care Unit (ICU) acquired weakness	Reinforcement Programme of Human Research Manpower” (PENED) and co-financed by National and Community Funds (25% from the Greek Ministry of Development-General Secretariat of	Research design, data collection and analysis

			Research and Technology and 75% from E.U.- European Social Fund)	
2	2020	The combination of inspiratory muscle training and high flow nasal cannula oxygen therapy for promoting weaning outcomes in difficult to wean patients. Protocol for a randomized control trial. ERJ	National and Kapodistrian University of Athens	Research design and data collection and analysis

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	1997-2002	Hellenic Scientific Society of Physiotherapy	Editor of the Hellenic Scientific Society of Physiotherapy Journal 'Physical Therapy Themes'	Member of the editorial committee and reviewer
2	2010-2015	International Journal of Lower Extremity Wounds	Reviewer	Reviewer
3	2020-current	Vima Asklipios' nursing journal	Reviewer in: 'Vima Asklipios' nursing journal	Reviewer
4	2013-2020	Hellenic Society of Wound Healin	Vice President, member of board	Vice President, member of board
5	1990-2023	The Health and Care Professions Council	UK state registration as Physiotherapist	Physiotherapy practice
6	1989-current	The Panhellenic Physiotherapy Association	Member of The Panhellenic Physiotherapy Association	Full member
7	1990-1994	The Chartered Society of Physiotherapy	Associate and Full Member	Member
8	1991-current	The Society of	Full Member	Member

Awards / International Recognition

Ref. Number	Date	Title	Awarded by:
1	2006	Who's Who in Medicine and Healthcare 2006-2011	Who's Who Publications Board
2	2007	Top 100 Health Professionals	International Biographical Centre, Cambridge, England.
3	2000	Honourary tribute for the contribution to the publication of the Journal ' Physical Therapy Themes'	Hellenic Scientific Society of Physiotherapy
4	2008	Stoutenbeek Award, for the best clinical trial,	The European Society of Intensive Care Medicine
5	2009	Papastamatis Award	Panhellenic Medical Congress
6	2019	"A. Billis" Award for Best Case Commentary	Association of Scientific Staff of GNA "Evangelismos"
7	2020	"D. Ikkos" Award for the best Clinical Case Presentation,	Association of Scientific Staff of GNA "Evangelismos"