



## Academic Personnel Short Profile / Short CV

<b>University:</b>	Frederick University
<b>Surname:</b>	Argyrou
<b>Name:</b>	Stefani
<b>Rank/Position:</b>	Special Teaching staff
<b>School:</b>	Physiotherapy
<b>Department:</b>	Life and Health Sciences
<b>Scientific Domain:</b>	Neuromuscular rehabilitation

Academic qualifications				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Diploma in Physiotherapy	2009-2013	Technological Educational Institute of Lamia, Greece	Physiotherapy	
<b>M.Sc. in Advance Physiotherapy</b>	<b>2015-2017</b>	Technological Educational Institute of Lamia, Greece	<b>Physiotherapy</b>	
<b>PhD in Life Medicine</b>	<b>2024-present</b>	Cyprus University of Technology, Limassol	<b>Nursing</b>	

Employment history in Academic Institutions/Research Centers				
Period of employment		Employer	Location	Position
From	To			
2015	2017	Department of Physiotherapy, School of Health Sciences	TEI Stereas Elladas, Lamia, Greece	Clinical educator in Physiotherapy
2017	2022	Department of Physiotherapy, school	European University of Cyprus	Clinical educator in Physiotherapy

		of Health Sciences		
2022	2023	<b>Department of Physiotherapy, School of Health Sciences</b>	University of Nicosia	Clinical educator in Physiotherapy

Key <u>refereed</u> journal papers, monographs, books, conference publications etc.						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2023	Reliability of a two-dimensional video analysis protocol to assess forward head posture during walking.	Kapreli E., Argyrou S., Diamantis A., Kostakis K., Tsioutsoumaka M., Kanellopoulos A., Dimitriadis Z., Strimpakos N.	<i>ARCHIVES OF HELLENIC MEDICINE</i>		
2	2017	M.Sc. Thesis TEI Stereas Elladas, Lamia, Greece: "The effectiveness of an exercise programme based on motor learning principles for the correction of the forward head posture (FHP)"s'	Kapreli Eleni			
3	In Press	Randomized controlled trial entitled: «The Efficacy of Exercise Program Based on Motor Learning Principles in Correction of Forward Head Posture»	Kapreli Eleni	(Protocol Number NCT03006497)		

Research Projects				
Ref. Number	Date	Title	Funded by	Project Role
1	2024	Prepare of Life	Cyprus University of Technology	PhD student

Awards / International Recognition			
Ref. Number	Date	Title	Awarded by:
1	2018	«The Efficacy of Exercise Program Based on Motor Learning Principles in Correction of Forward Head Posture – Randomized Control Trial»	Award for New Researcher at the 8 <sup>th</sup> Conference ELEMBIO 2018 for Best Oral Announcement (Work) Postgraduate Student
2	2017	«Forward head posture during walking: Assessing the reliability of a protocol using video-based 2D analysis».	Presentation at the Word Congress of Physiotherapy (Zurich)
3	2017	"Internal or external feedback: how does the brain learn better?"	Presentation at the Motor Control Conference of Hellenic Society of Physical Therapists
4	2017	"Body Sensory Characteristics of Pain in Years of Non-Specific Back Pain"	Presentation at the Motor Control Conference of Hellenic Society of Physical Therapists
5	2016	"Tendonitis: Musculoskeletal or Neurological Disease?".	Presentation at the Hellenic Conference on Physiotherapy

6	2016	"Low extremity overload syndrome in long distance runners".	Presentation at the Conference of Advanced Physiotherapy Section of TEI Sterea Ellada
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