



Academic Personnel Short Profile / Short CV

University:	Frederick University
Surname:	Constantinides
Name:	Panos
Rank/Position:	Assistant Professor
School:	Education & Social Sciences
Department:	Education
Scientific Domain:	Theory and Methodology in Physical Education

Academic qualifications

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
EdD	2007	Columbia University, USA	Biobehavioral Sciences	Comparison of Teaching Effectiveness in classes Taught by Specialist vs Nonspecialist Physical Education Teachers.
MEd	2003	Columbia University, USA	Biobehavioral Sciences	Physical Education for Lifelong Fitness-Health Benefits of Fitness Education.
MSc	2000	Long Island University, USA	Health Sciences	Physical Fitness Level Assessment and Percentile Ranking of AAHPERD Youth Fitness Scores Among High School Children.
BSc	1994	University of Athens, Greece	Physical Education and Sport Science	

Employment history in Academic Institutions/Research Centers

Period of employment		Employer	Location	Position
From	To			
2015	Present	Frederick University	Nicosia, Cyprus	Assistant Professor
2007	2015	Frederick University	Nicosia, Cyprus	Lecturer
2006	2007	Frederick Institute of Technology	Nicosia, Cyprus	Lecturer
2003	2006	City University of New York, Queens College	New York, USA	Lecturer

Key refereed journal papers, monographs, books, conference publications etc.

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2020	Increase in elementary students 'physical activity levels: The use of activity breaks	None	IOSR Journal of Sports and Physical Education	7	23-30
2	2018	Cypriot elementary students' attitudes towards physical education.	Stephen Silverman	Journal of Teaching in Physical Education (JTPE)	37	69-77
3	2018	Exploring teaching effectiveness in physical education: The experiences of preservice elementary school teachers	None	American International Journal of Social Science	7	12-16
4	2018	The significance of play in healthy child development	None	Proceedings of the International Conference of the World Organization for Early Childhood Education (OMEPE), held in Nicosia, Cyprus.		
5	2016	The impact of staff development	None	Exercise & Society	58	9 -16

		workshops in teaching elementary physical education				
6	2013	Teaching processes in elementary physical education classes taught by specialists and nonspecialists	Ralph Montalvo & Stephen Silverman	Teaching & Teacher Education	36	68-76
7	2013	Perceptions of elementary obese students about their experiences in physical education	None	Physical Education & Sport	32	89-102
8	2013	The fun factor and its contribution in the development of positive attitudes in physical education	Dora Constantinides	Hellenic Journal of Physical Education & Sport	33	61-71
9	2009	Teaching Physical Education at the Preschool Level (TEXTBOOK)	None	Kantzilaris	1	1-342
10	2008	Introduction to Physical Education - Preschool Level (TEXTBOOK)	None	Kantzilaris	1	1-232

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2003-2006	City University of New York – Queens College	NCATE – Accreditation of Teacher Preparation Institutions & Ranking Committee	- Improvement of Physical Education & Sports Science Program
1	2015 - Present	St. John's Association & Brigade	Elected member of the Governing Board. Trainers' Education First Aid + CPR Certified Trainer	- Policy decisions for St' John's - Trainers' Training - First Aid + CPR Certified Training
2	2015 - 2020	Cyprus Pedagogical Association – SIG	Coordinator of the Special Interest Group (SIG) in Physical Education	Organization of international conferences, workshops and other

Awards / International Recognition

Ref. Number	Date	Title	Awarded by:
1	2005	Spencer's Research Award	Spencer Foundation
2	2002	Presidents' Challenge Fitness Award	President of the United States
3	2003	Presidents' Instructor's Fitness Award	President of the United States
4	2001	Soccer Coach of the Year 2000-2001 Award	Cosmopolitan Junior Soccer League, New York
5	2000	Panpaphian Association of America Research Award 2000.	Panpaphian Association of America