



Academic Personnel Short Profile / Short CV

University:	Frederick University
Surname:	Papoutsou
Name:	Stalo
Rank/Position:	Visiting Lecturer
School:	Health Sciences
Department:	Nursing
Scientific Domain:	Dietetics and Nutrition

Academic qualifications				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
BSc	2006	Harokopio University, Athens	Dietetics and Nutrition	“Growth Exercise and Nutrition: Epidemiological Survey In Preschoolers-GENESIS-Obesity in preschoolers and SES status”
MSc	2008	Harokopio University, Athens	Applied Nutrition and Dietetics-Clinical Nutrition	“Osteoporosis risk Factors: Assessment of the effectiveness of a Health & Nutrition education programme on postmenopausal women- Changes in bone mass following a dietary intervention trial”
PhD	2014	Medical School, Crete University	Preventive Medicine	Confronting the epidemic of childhood obesity in Cyprus: The Cyprus School and Family Intervention Study

Employment history in Academic Institutions/Research Centers

Period of employment		Employer	Location	Position
From	To			
2008	Today	Research and Educational Institute of Child Health	Nicosia, Cyprus	Researcher
2009	Today	Frederick University	Nicosia, Cyprus	Visiting Lecturer
2014	2018	European University	Nicosia, Cyprus	Special Teaching Staff
2006	2007	Harokopio University	Athens, Greece	Research assistant
2008	2012	Limassol College	Limassol, Cyprus	Lecturer

Key refereed journal papers, monographs, books, conference publications etc.

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2018	Timing of solid food introduction and association with later childhood overweight and obesity: The IDEFICS study.	Savva SC, Hunsberger M, Jilani H, Michels N, Ahrens W, Tornaritis M, Veidebaum T, Molnár D, Siani A, Moreno LA, Hadjigeorgiou C;	Matern Child Nutr	14(1)	12471
2	2017	Familial Resemblance in Dietary Intakes of Children, Adolescents, and Parents: Does Dietary Quality Play a Role?	Bogl LH, Silventoinen K, Hebestreit A, Intemann T, Williams G, Michels N, Molnár D, Page AS, Pala V, Pigeot I, Reisch LA, Russo P, Veidebaum T, Moreno LA, Lissner L, Kaprio J.	Nutrients	17(9)	8
3	2016	Associations between exclusive breastfeeding and physical fitness during childhood.	Zaqout M, Michels N, Ahrens W, Börnhorst C, Molnár D, Moreno LA, Eiben G, Siani A, Veidebaum T, De Henauw S; IDEFICS consortium	Eur J Nutrition	17;9(8)	892

4	2016	Associations between social vulnerabilities and dietary patterns in European children: the Identification and prevention of Dietary- and lifestyle-induced health Effects In Children and infantS (IDEFICS) study.	Iguacel I, Fernández-Alvira JM, Bammann K, De Clercq B, Eiben G, Gwozdz W, Molnar D, Pala V, Russo P, Veidebaum T, Wolters M, Börnhorst C, Moreno LA.	Br J Nutr.	116(7):	1288-1297.
5	2014	Children consuming milk cereal drink are at increased risk for overweight: The IDEFICS Sweden study, on behalf of the IDEFICS Consortium.	Wiberger M, Eiben G, Lissner L, Mehlig K, Hunsberger M.	Scand J Public Health.	42(6)	518-24
6	2014	No breakfast at home: association with cardiovascular disease risk factors in childhood.	Briassoulis G, Wolters M, Peplies J, Iacoviello L, Eiben G, Veidebaum T, Molnar D, Russo P, Michels N, Moreno LA, Tornaritis M; IDEFICS consortium.	Eur J Clin Nutr	68(7)	829-34
7	2014	The combination of daily breakfast consumption and optimal breakfast choices in childhood is an important public health message.	Briassoulis G, Hadjigeorgiou C, Savva SC, Solea T, Hebestreit A, Pala V, Sieri S, Kourides Y, Kafatos A, Tornaritis M.	Int J Food Sci Nutr	65(3)	273-9
8	2013	IDEFICS consortium. Prevalence and determinants of misreporting among European children in proxy-reported 24 h dietary recalls.	Börnhorst C, Huybrechts I, Ahrens W, Eiben G, Michels N, Pala V, Molnár D, Russo P, Barba G, Bel-Serrat S, Moreno LA, Veidebaum T, Loit HM, Lissner L, Pigeot I;	Br J Nutr.	109(7)	1257-65
9	2012	. Long-term dietary exposure to lead in young European children: comparing a pan-European approach with a national exposure assessment.	Boon PE, Te Biesebeek JD, Sioen I, Huybrechts I, Moschandreas J, Ruprich J, Turrini A, Azpiri M, Busk L, Christensen T, Kersting M, Lafay L, Liukkonen KH, Serra-Majem L, Traczyk I, De Henauw S, Van Klaveren	JD Food Addit Contam Part A Chem Anal Control Expo Risk Assess.	29 (11)	1701-15

10	2012	Taste preferences in association with dietary habits and weight status in European children: results from the IDEFICS study.	Lanfer A, Knof K, Barba G, Veidebaum T, de Henauw S, Soós T, Moreno LA, Ahrens W, Lissner L.	Int J Obes (Lond).	36(1)	27-34
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Research Projects				
Ref. Number	Date	Title	Funded by	Project Role
1	2007-2012	Idefics	EU	Coordinator on Nutrition Data Collection
2	2008-2009	EXPOCHI	EFSA	Risk Assessment
3	2012-2017	IFAMILY	EU	Coordinator on Nutrition Data Collection
4	2013-2018	EU MENU	EFSA	Project Management & Coordinator on Nutrition Data Collection

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2008-Today	PASYKAF	Volunteer	Scientific Lectures for Public and Patients Nutrition Education Tool Development for Primary Schools