



## Academic Personnel Short Profile / Short CV

<b>University:</b>	Frederick University
<b>Surname:</b>	Sapountzi-Krepia
<b>Name:</b>	Despina
<b>Rank/Position:</b>	Professor
<b>School:</b>	Health Sciences
<b>Department:</b>	Nursing
<b>Scientific Domain:</b>	Fundamentals of Nursing and Community Nursing

### Academic qualifications

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
BSc in Nursing	1985	National and Kapodestrian University, Athens, Greece	Nursing	
MSc in Interprofessional Health and Welfare Studies (Major in Health and Welfare Services Management)	1992	London South Bank University, UK	Faculty of Health and Social Care	The differing professional perceptions regarding the care of family members of hospitalised patients in a Greek hospital: Implications for interprofessional collaboration
PhD in Public Health and Community Care	1991	National and Kapodestrian University, Athens, Greece	Nursing	Rehabilitation of spinal cord injured patients: an investigation of factors affecting the everyday life activities
Post-Doctoral Studies	2005-2007	Kuopio University Finland (current name University of Eastern Finland)	Nursing Sciences	Maternity Care in the Information Societies

### Employment history in Academic Institutions/Research Centers

Period of employment		Employer	Location	Position
From	To			
2009	present	Frederick University	Nicosia, Cyprus	Professor, Head of the Nursing Department
2002	2009	Alexander Technological Educational Institution of Thessaloniki Nursing Department (current name International Hellenic University)	Thessaloniki Greece	Professor (2005-2009) Associate Professor (2002-2005) Vice-Dean of the School of Health and Welfare Professions (2007-2008) President of the Nursing Department (2006-2009)
2005	2007	Alexander Technological Educational Institution of Thessaloniki Nursing Department (current name International Hellenic University)  Kuopio University Finland (current name University of Eastern Finland)	Thessaloniki Greece  Kuopio Finland	Post-Doc Researcher (Joint Appointment)
2001	2002	Technological Educational Institution of Athens. Nursing Department (current name University of Western Attica)	Athens Greece	Assistant Professor
1995	2001	Technological Educational Institution of Athens.	Athens Greece	President of the Health Visiting Department (1995-1997) Clinical Professor

		Nursing Department (current name University of Western Attica)		
1995	2000	Army University School of Nursing	Athens Greece	Professor of Nursing Management and Geriatric Nursing (Joint Appointment)
1993	1995	National and Kapodestrian University of Athens, Nursing Department	Athens Greece	Visiting Assistant Professor
1993	1995	Ministry of Health and Welfare	Athens Greece	Consultant
1976	1995	General Peripheral Hospital of Attica (KAT)	Kifissia, Athens Greece	1. Elected Director of the Hospital's Nursing Services 2. Assistant Director of the Hospital's Nursing Services 3. Director of the Continuing Education Sector 4. Vice-Ward Head Nurse

**Key refereed journal papers, monographs, books, conference publications etc.**

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2020	Mental Well Being, Religiosity and Spirituality among People with Spinal Cord Injury	I Serpanou, E Sakellari, S Zyga, F Tzavella and D Sapountzi-Krepia	International Journal of Caring Sciences	13(1)	770-775
2	2019	Informal carers' experiences and feelings during rehabilitation.	Pliatsika KA, Sakellari E, Kafkia T, Krepia V, Sapountzi-Krepia D.	British Journal of Nursing	28(12):	792-797.
3	2018	Exploring home care nurses' perceptions regarding their services in economic crisis: A qualitative approach.	Megaritis C, Sakellari E, Psychogiou M, Tzenalis A, Krepia V, Charalambous G, Sapountzi-Krepia D.	Nursing Forum	53(4):.	521-528
4	2018	Exploring Religiosity, Self-Esteem, Stress, and Depression Among Students	Sakellari E, Psychogiou M, Georgiou A, Papanidi M,	Journal of Religion and Health	57(1)	136-145

		of a Cypriot University.	Vlachou V, Sapountzi-Krepia D.			
5	2018	Health visitors' perceptions on their role to assess and manage postpartum depression cases in the community.	F Alexandrou, E Sakellari, M Kourakos, D Sapountzi-Krepia	Health & Social Care in the Community	26(6):	995-1000
6	2017	Kuopio University Hospital Job Satisfaction Scale (KUHJSS): its validation in the Greek language.	Sapountzi-Krepia D, Zyga S, Prezerakos P, Malliarou M, Efstathiou C, Christodoulou K, Charalambous G.	Journal of Nursing Management	25(1)	13-21.
7	2017	Quality of Life in Elderly Cancer Patients Undergoing Chemotherapy	Lavdaniti M, Zyga S, Vlachou E, Sapountzi-Krepia D.	Adv Exp Med Biol.	989	291-295.
8	2016	Informal Caregivers' Perceived Needs for Health Education Information and Emotional Support: A Comparison between Acute and Sub-Acute Rehabilitation Settings	Stavrou V, Ploumis A, Voulgaris S, Sgantzios M, Malliarou M and Sapountzi-Krepia D	International Journal of Caring Sciences	10(1)	243-250
9	2015	Fathers' feelings related to their partners' childbirth and views on their presence during labour and childbirth: A descriptive quantitative study.	He HG, Vehviläinen-Julkunen K, Qian XF, Sapountzi-Krepia D, Gong Y, Wang W.	International Journal of Nursing Practice	Suppl	271-279.
10	2015	Factors Affecting the Decision to Quit Smoking of the Participants of a Hospital-Based Smoking Cessation Program in Greece	C Georgiadou, M Lavdaniti, M Psychogiou, A Tzenalis, M Sgantzios, D. Sapountzi-Krepia	Journal of Caring Sciences	4 (1)	1-4
11	2014	Greek fathers' experiences from their wife's/partner's labour and delivery: A qualitative approach.	<i>D. Sapountzi-Krepia</i> , Psychogiou M, Sakellari E, Tsiligiri M, Vehviläinen-Julkunen K.	International Journal of Nursing Practice	21(5):	470-7

12	2013	The Concept of "Care" as Perceived by Greek Nursing Students: a Focus Group Approach	D Sapountzi-Krepia, M Lavdaniti, M Psychogiou, M Tsiligiri, S Karassavidis, S Sarpetsa, E Tousidou and M Chatzi	International Journal of Caring Sciences	6(3)	392-401
13	2012	Prevalence and risk factors of excess weight in school children in West Greece.	Jelastopulu E, Kallianezos P, Merekoulias G, Alexopoulos EC, Sapountzi-Krepia D	Nursing & Health Sciences	14(3)	372-80
14	2011	Diabetic patients' compliance to the recommended treatment: A qualitative study in Greece	V Krepia, A Tzenalis, M Lavdaniti, A Beneka, M Psychogiou, I Serpanou and D Sapountzi-Krepia	International Journal of Caring Sciences	4(3)	126-132
15	2010	The discrepancy between perceived importance and adequacy in discussing topics related to pregnancy and birthing in maternity services: the views of mothers giving birth in Northern Greece	Despina Sapountzi-Krepia, Vasilios Raftopoulos, Maria Lavdaniti, Maria Psychogiou, Maria Tsiligiri and Katri Vehvilainen-Julkunen.	International Journal of Caring Sciences	3(1)	40-48
16	2009	Mohers' experiences of maternity services: internal consistency and test-retest reliability of the Greek translation of the Kuopio Instrument for Mothers	D Sapountzi-Krepia, V Raftopoulos, G Tzavelas, M Psychogiou, Callister LC, Vehvilainen-Julkunen K.	Midwifery	25 (6)	691-700

Research Projects				
Ref. Number	Date	Title	Funded by	Project Role
1	2011-2013	Informal Caregivers contribution in caring for hospitalised patients	Self- Funded	Scientific/Project Coordinator
2	2013-2016	Validation in the Greek language of the instruments Kuopio University Hospital Job Satisfaction Scale and Kuopio University Hospital Transformational Leadership Scale	Self- Funded	Scientific/Project Coordinator

3	2014-2016	Exploring home care nursing and Health Visiting services in Cyprus	Self- Funded	Scientific/Project Coordinator
4	2017-2018	Religious and spiritual beliefs, self-esteem, anxiety, and depression among university students	Self- Funded	Scientific/Project Coordinator
5	2005-2009	“Maternity Services in Transition to Parenthood in the Information Societies” (International Project)	Financed by the Academy of Finland, grant no. 13522, decision 106333	Leader of the Greek part of the project. Department of Nursing Science, University of Kuopio Finland
6	2008-2010	Investigation of factors affecting the self-esteem in students of Health and Welfare School.	Research Committee, ATEI Thessaloniki 5,000 Euros	Scientific/Project Coordinator
7	2008-2010	Knowledge and perceptions of female nursing students regarding breast self-examination	Research Committee, ATEI Thessaloniki 4,400 Euros	Researcher
8	2005-2007	Greek Nursing students and Greek Nurses perceptions of: the definition of Nursing and of the factors affecting the social status of Nursing in the Greek society” EPEAEK Project Archimidis II	EU 75,000 Euros	Scientific/Project Coordinator
9	2005-2007	«Burnout in Health Professionals –Doctors and Nurses EPEAEK Project Archimidis II	EU 85,000 Euros	Researcher
10	2005-2007	«Asthma and its Relations: with Mental Health Disorders in the Young People of Thessaly and with Left-Handedness EPEAEK Project Archimidis II	EU 75,000 Euros	Researcher

### Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2011-presnt	Frederick University	President of the Nursing Department	Managing the Functions of the Nursing Department
2	2011-2015 2017-present	Frederick University Senate	Member	Participating in decision making
3	2011-present	Undergraduate programme of Nursing	Co-ordinator	Managing the educational process (planning the teaching staff, supervising laboratoties ect)
4	2011-presnt	Frederick University	Member of the Scholl of Health Sciences Council	Participating in decision making
5	2011-presnt	Frederick University	President and Member of the Nursing Department Council	Participating in decision making
4	2008 – Present	“International Journal of Caring Sciences”	Editor in Chief	Managing the Journal. Renewing Editorial Board. Decision Making About Sending For Review Submitted Manuscripts, Final Decision about Manuscripts Publication
5	2014 - Present	“International Journal of Health Administration”	Member of Editorial Board	Assessing Papers, Deciding about Appropriate Reviewers
6	2007 - Present	“Vima of Asclepius”	Member of Editorial Board	Assessing Papers
7	2007 - Present	“Health Sciences Journal”	Member of Editorial Board	Assessing Papers, Deciding about Appropriate Reviewers
8	2010 - Present	“Journal of Caring Sciences”	Member of Advising Board	Advising on Policy issues
9	2008 - Present	“Interdisciplinary Health Care”	Member of Editorial Board	Assessing Papers, Deciding about Appropriate Reviewers
10	1996-2001	Euro-Canada Project COHERE	Member	Preparing Core projects and Meetings in Various Countries Coordinating Participating

				Greek Students
11	1993-1994	Ministry of Health and Welfare of Greece	Consultant	Preparing Health Policy Plans, involved in Decision Making Committees
12	1995-2000	Ministry of Health and Welfare of Greece	Member of the Administrative Body, State Nursery School of Oropos, Attica Greece	Policy Making, Supervising Nursery Services, Decision Making on Management and Financing
13	1994-1997	Permanent European Union (EU) Committee for Nursing Education Representative of the Greek Ministry of Health, Brussels, EU	Substituting-Member	Preparing European Policy for Nursing Education Proposals
14	1987-1989	Ministry of Health and Welfare of Greece Alexandra Maternity Gynaecology General Hospital of Athens	Member of the Administrative Body of the Hospital	Policy Making, Decision Making on Management and Financing of Hospital's services
15	1994-1995	Hospital Promotions Committee	Member	Deciding for Hospital Personnel's Promotions in Management Positions for five Hospitals of the Greater Athens area, Greece

<b>Awards / International Recognition</b>			
<b>Ref. Number</b>	<b>Date</b>	<b>Title</b>	<b>Awarded by:</b>
1	2010	Professor Emeritus	Alexander Technological Educational Institute of Thessaloniki, Greece (current name International Hellenic University)
2	2001	Certificate and Medal for the Educational services offered to the Christian Youth	Holly Archdiocese of Athens
3	1999	Best Lecturing Professor	Lectures given at the Nursing Department, Uppsala University Sweden

			International EURO-CANADA COHEHRE Programme
6	1989	Professional Recognition Award Certificate by the International Council of Nurses (ICN) Hereby recognize the outstanding Professional achievements of Despina Sapountzi	International Council of Nurses (ICN)
7	1992	Discussion of the achievements of worldwide selected Nurses in "ICN/3M Scholars: tomorrow's Nursing Leaders", International Nursing Review 1992, 39(6), 171-174	International Council of Nurses (ICN)
8	1992	Distinction	South Bank University London, for her excellent performance in her MSc Studies
9	1983-19184	Distinction with Monetary awards for University Studies	Social Insurance Fund (IKA)
10	1984-19185	Distinction with Monetary awards for University Studies	Social Insurance Fund (IKA)