
Preparatory Program

September 2025

#TheJourneyToMySuccess



Frederick University



FREDERICK
INSTITUTE OF TECHNOLOGY

Nicosia

September

- GROUP 1: STUDENTS WHO WILL ONLY PARTICIPATE IN THE ENGLISH INTENSIVE COURSE
- ✖

GROUP 2: STUDENTS WHO WILL PARTICIPATE IN BOTH THE ENGLISH AND MATHS INTENSIVE COURSES
- GROUP 3: STUDENTS ENROLLED IN THE ARCHITECT ENGINEER PROGRAM
- ▲

GROUP 4: STUDENTS ENROLLED IN THE PHARMACY PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div><div>✖</div><div>▲</div><div>8</div><div>10:00 START OF PREPARATORY PROGRAM</div></div>	<div><div>✖</div><div>▲</div><div>9</div></div>	<div><div>✖</div><div>▲</div><div>10</div></div>	<div><div>✖</div><div>▲</div><div>11</div></div>	<div><div>✖</div><div>▲</div><div>12</div><div>Bowling Fun</div><div></div></div>
<div><div>✖</div><div>●</div><div>▲</div><div>15</div><div>10:00 START OF PREPARATORY PROGRAM FOR THE ARCH- ITECT ENGINEER PROGRAM</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>16</div><div>Transition from High School /Army to University MEET Your Neighbourhood!</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>17</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>18</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>19</div></div>
<div><div>✖</div><div>●</div><div>▲</div><div>22</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>23</div><div>BE the Best Version of Yourself </div><div>MEET Omodos</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>24</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>25</div><div>Placement Test in Maths (Group 2) Placement Test in Physics (Group 4)</div></div>	<div><div>✖</div><div>●</div><div>▲</div><div>26</div><div>Placement test in English (Groups 1&2) Placement test in Biology (Group 4)</div></div>
<div><div>▲</div><div>29</div><div>Placement test in Chemistry (Group 4)</div></div>	<div><div>30</div></div>	<div><div>1</div><div>Public Holiday</div></div>	<div><div>2</div><div>ORIENTATION DAY Student Registration to Fall Semester Courses </div></div>	<div><div>3</div></div>

Description of Activities

Meet your Neighbourhood

Join us for an afternoon walk around our neighbourhood and nearby Nicosia within the walls. Explore points of interest and discover the urban hangout spots. At the end of the tour, refreshing drinks will await you! *(For Nicosia campus students).*

Bowling Fun

You're invited to an afternoon bowling tournament full of laughs, teamwork, and good vibes. Gather your team, aim for some strikes and spares, and enjoy the game. We'll see you there!

Bowling Boutique

(For Nicosia campus students).

Alien Bowling at MyMall Limassol

(For Limassol campus students).

Meet Omodos

Let's head to the village – a day filled with authentic Cypriot atmosphere! We'll start with a tour of a well-known winery and continue our stroll through the village of Omodos, where the community leader will guide us: arkatena, churches, museums, and local stories. We'll lose ourselves for a while in the cobbled streets... and end up at Themistocles' tavern. A traditional Cypriot meze – food for the stomach and the soul. *(Bus transportation available for all students)*

All activities are free of charge for students and include the standard activity fee, food, and beverage. A €5 fee applies only for activities that involve bus transportation.

Limassol

September

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div><div>✖</div><div>10:00 START OF PREPARATORY PROGRAM</div><div>8</div></div>	<div><div>✖</div><div>9</div></div>	<div><div>✖</div><div>10</div></div>	<div><div>✖</div><div>11</div></div>	<div><div>✖</div><div>12</div></div>
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<div><div>29</div></div>	<div><div>30</div></div>	<div><div>1</div><div>Public Holiday</div></div>	<div><div>2</div></div>	<div><div>3</div><div>ORIENTATION DAY Student Registration to Fall Semester Courses </div></div>

Prepare for your Journey

During the preparatory program the following workshops will be offered in order to help you develop skills and practices to become a successful student.

- Be the Best Version of Yourself
- Transition from High School / Army to University

Orientation Day (Mandatory)

#TheJourneyToMySuccess: Your own journey to success begins here! New Students' Orientation Day.

Visit the Students' Information Desk (Reception) to register for the activities, or [follow this link](#).

Seats are limited.



27/09/25 Nicosia & Limassol

Be Active on the Beach

Enjoy an action-packed day with beach volleyball, beach soccer, beach tennis, SUP, canoe, cycling, snorkeling and fitness workouts. Enjoy delicious snacks and refreshing drinks. Don't miss out on this exciting event!
(Bus transportation available for all students)



4/10/25 Nicosia & Limassol

Sunset Escape: Catamaran Swims and Drinks

Don't miss the opportunity to relax, enjoy the sunset and take a dip in the sea of Limassol. Drinks and pizza on us!
(Bus transportation available for Nicosia campus students)

Preparatory Classes

Frederick University and Frederick Institute of Technology offer, during September, free intensive courses in order to help your transition to higher education be as smooth as possible and successfully begin your studies. During the preparatory program you will have the opportunity to get acquainted with the University, as well as with faculty members and fellow students.

Placement Tests

The placement test is a way of assessing the approximate level of a student's knowledge of English and Maths so that we are better able to determine your needs and provide you with the skills necessary in order to succeed in your studies.

Placement tests will take place as follows:

Maths Placement Test: All students enrolled in Engineering Programs – 25/09

English Placement Test: All students in Groups 1 & 2 – 26/09

THE COURSE(S) YOU WILL HAVE TO ATTEND BASED ON YOUR PROGRAM OF STUDY

Course	ENGLISH ↓	ENGLISH & MATHEMATICS ↓	SPECIAL TOPICS IN ARCHITECTURAL ENGINEERING ↓	CHEMISTRY PHYSICS & BIOLOGY ↓
PROGRAM OF STUDY Frederick University	<ul style="list-style-type: none">- Visual Communication- Interior Design- Fashion and Image Design- Journalism- Social Work- Psychology- Pre-Primary Education- Primary Education- Physical Education and Sport Sciences- Nursing- Law- Business Administration- Accounting and Finance- Maritime Studies- Applied Biomedical Sciences- Physiotherapy	<ul style="list-style-type: none">- Electrical Engineering- Automotive Engineering- Mechanical Engineering- Civil Engineering- Computer Engineering- Computer Science	<ul style="list-style-type: none">- Architect Engineer	<ul style="list-style-type: none">- Pharmacy
DIPLOMA Frederick Institute of Technology	We recommend that ALL new students participate in the English Intensive Course.			

GROUP 1: STUDENTS WHO WILL ONLY PARTICIPATE IN THE ENGLISH INTENSIVE COURSE

English: 9:00 - 9:50 | Break 9:50 - 10:00 | English: 10:00 - 10:50

GROUP 2: STUDENTS WHO WILL PARTICIPATE IN BOTH THE ENGLISH AND MATHS INTENSIVE COURSES

Maths: 9:00 - 9:50 | Break 9:50 - 10:00 | Maths: 10:00 - 10:50

Break 10:50 - 11:20

English: 11:20 - 12:10 | Break 12:10 - 12:20 | English: 12:20 - 13:10

GROUP 3: STUDENTS ENROLLED IN THE ARCHITECTURAL ENGINEERING PROGRAM

Class Duration: 09:00 – 13:30

GROUP 4: STUDENTS ENROLLED IN THE PHARMACY PROGRAM

Monday and Thursday: 9:00 – 12:00 Chemistry, 12:00 – 14:00 Physics

Tuesday: 9:00 – 12:00 Chemistry, 12:00 – 14:00 Biology

Wednesday: 9:00 – 11:00 Chemistry, 11:00 – 13:00 Biology, 13:00 – 15:00 Physics

Friday: 9:00 – 11:00 Chemistry, 11:00 - 14:00 Biology